

Welcome to River Crossing YMCA's summer program quide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

### IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! Click here to learn more.

### **PROGRAM REGISTRATION DATES**

- Family Members: Apr 16 (online, phone or in-person)
- Member: Apr 18 (online, phone or in-person)
- Non-member: Apr 21 (online, phone or in-person)

**NOT A MEMBER? Click here to join today!** 



### KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: Click here to sign up.

Having trouble opting in? Or already in the system but need to add new locations? Click here to email Brittney for help.

#### **MONTHLY DRAFTS**

For our regular youth and adult sports and swim programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! Click here to learn more.



### **Financial Assistance**

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details click here or scan the QR code.



### **UPCOMING EVENTS AT THE Y! Click here to learn more.**



KIDS TRIATHLON: August 10. 6:30-11:45 AM Youth ages 3–15 are invited to compete in a triathlon KIDS TRI designed for their age group. Click here to register.





As a full member, you have access to our branches in Pennsylvania in **Bucks, Lehigh and Northampton** counties and in New Jersey in **Hunterdon County.** 

Please view a full list of our locations below.

For more information visit

ymcarivercrossing.org

#### Allentown

425 South 15th Street Allentown. PA 18102 Click here for hours and amenities

#### Bethlehem

430 East Broad Street Bethlehem, PA 18018 **Click here for hours and amenities** 

#### Deer Path

144 West Woodschurch Road Flemington, NJ 08822 **Click here for hours and amenities** 

## Doylestown

2500 Lower State Road Doylestown, PA 18901 Click here for hours and amenities

### Easton/Phillipsburg

1225 West Lafayette Street **Easton, PA 18042 Click here for hours and amenities** 

### Fairless Hills

601 South Oxford Valley Road Fairless Hills, PA 19030 Click here for hours and amenities

#### Nazareth

33 South Main Street Nazareth. PA 18064 Click here for hours and amenities

#### Newtown

**190 South Sycamore Street** Newtown, PA 18940 **Click here for hours and amenities** 

### Ouakertown

401 Fairview Avenue Ouakertown, PA 18951 Click here for hours and amenities

#### Slate Belt

315 West Pennsylvania Avenue Pen Argyl, PA 18072 Click here for hours and amenities

#### Suburban North

880 Walnut Street Catasaugua, PA 18032 Click here for hours and amenities

#### Warminster

624 York Road Warminster, PA 18974 Click here for hours and amenities

#### **FITNESS**

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

### FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. Click here to register.

#### FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. InBody Body Composition Scans are available at select branches.

#### **FITNESS TRAINING**

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. For questions, prices or to book a training package click here or scan the QR code.



#### **GROUP EXERCISE**

Group exercise classes are included free with membership. <u>Click here</u> for schedules and reservations.



### **CAMP CARR OUTDOOR POOL**

Mon-Thurs: 6-8 PM; Fri: 5-8 PM; Sat & Sun: 12-7 PM



### **EASTON EDDYSIDE POOL**

Mon-Fri: 12-7 PM; Open on even numbered days only



#### **EASTON HEIL POOL**

Mon-Fri: 12-7 PM; Open on odd numbered days only



## **HOLLAND OUTDOOR CENTER**

Mon & Wed: 5-7 PM; Sat & Sun: 12-5 PM



## SOLECO POOL, MANAGED BY RIVER CROSSING YMCA

Mon-Sun: 12-8 PM



Scan or click here to view program registration information online

#### **GYMNASIUM**

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules click here.

### **AQUATICS**

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Ouakertown, Slate Belt and Warminster. Click here to learn more.

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

#### **SWIM LESSONS**

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! Click here to learn more.





#### **DOYLESTOWN SKATEPARK HOURS**

Mon-Thurs 4:30-8 PM; Fri 4:30-9 PM Sat & Sun 12-6 PM

Hours and availability are subject to change due to weather conditions.

Click here for more information.

### METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge Mon-Fri | 4:30-8:30 PM Sat & Sun | 2-6 PM

Warminster Lounge Fri | 4:30-8 PM Sat & Sun | 9 AM-2 PM

Fairless Hills Lounge Mon-Fri | 4:30-7 PM Sat & Sun | 2-5 PM





#### **STAY & PLAY**

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

Click here for more information.





Don't miss out, SUMMER CAMPS are filling fast! Click here to register.

Click here for School Age Child Care

Click here for Child Care



## **Member Referral Program**

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.





This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR CLICK HERE TO LEARN MORE!

River Crossing YMCA is the nonprofit charity transforming **millions of dollars into moments** of impact. **Click here** to learn more.





Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- · Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at <a href="mailto:ymcarivercrossing.org/hr">ymcarivercrossing.org/hr</a> or in person at the Welcome Center at one of our branches!

### RIVER CROSSING YMCA PHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

#### **HOW TO INSTALL:**

- 1. Visit your app store.
- 2. Search for "River Crossing YMCA"
- 3. Download to your phone
- 4. Use your personal information to create an account



Scan to download our app for Android users or click here to download.



Scan to download our app for iPhone users or click here to download.





# **METRO ESPORTS**

Summer camp registration available, and opportunities for party rentals!





## SUMMER 2025

## **EVERY WEEK**

# FORTNITE FRIDAY

Every Friday, 5-7 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 5:00 PM

## THE STORM - FORTNITE

Every Monday, battle it out in rotating Fortnite modes as a group or solo player. Win Metro Coins, redeemable for gaming gear, merch, and so much more!

Every Monday | 5:00 PM

# IMPORTANT!

Hours are changing for all locations to accommodate for summer camps! Be sure to check for our new schedule.



## PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

# DOYLESTOWN

MON - FRI: 4:30 PM to 8:30 PM SAT - SUN: 2:00 PM to 6:00 PM



## **GAMING & ESPORTS CAMP**

Morning camp with exciting challenges, team-based activites, and guided free play across a variety of games.

June 16 to August 29 | Monday to Friday from 9AM to 12PM





## **TECHU CAMP**

Afternoon camp for young gaming enthusiasts to dive into game creation, media, and tech skill development. Learn to code, build computers, design games, and more!

June 16 to August 29 | Monday to Friday from 1PM to 4PM



# WARMINSTER

SAT - SUN:

4:30 PM to 8:00 PM 9:00 AM to 2:00 PM

## **GAMING & ESPORTS CAMP**

Morning camp with exciting challenges, team-based activites, and guided free play across a variety of games.

June 16 to August 22 | Monday to Friday from 9AM to 4PM



## GAME ON! INTRO TO GAMING FOR ACTIVE OLDER ADULTS

Specifically for active older adults, an instructional course on the world of gaming. Learn step-by-step instructions and enjoy gaming at your own pace!

Saturday, August 23 | 10:00 AM

# FAIRLESS HILLS

MON - FRI: SAT - SUN: 4:30 PM to 7:00 PM 2:00 PM to 5:00 PM

## **ESPORTS CAMP**

Full day or half day camp options available. A dynamic camp environment to develop skills, make new friends, and explore the thrilling world of esports and gaming.

June 23 to August 29 | Monday to Friday from 9AM to 4PM



# **AQUATICS**

# Holland Outdoor Center | Summer

## PRIVATE SWIM LESSONS

Contact Jen Storz with questions at jstorz@ymcarivercrossing.org

Private Swim Lessons		Age		ember AT FEE	Non-member FLAT FEE
Private Swim Lessons	30 minutes - (4) lessons	3 yrs+	\$	151	\$249
1:1 Ratio Student / Instructor	30 minutes - (8) lessons	3 yrs+	4	296	\$488
Semi-Private Swim Lessons	30 minutes - (4) lessons	3 yrs+	Pricing is per person \$	104	\$172
2:1 Ratio Student / Instructor	30 minutes - (8) lessons	3 yrs+	Pricing is per person	204	\$337

## **GROUP SWIM LESSONS**

Contact Mei Brown with questions at mbrown@ymcarivercrossing.org

Please select your child's level based of	n their age and ability. Contact mei Brown to s	set up an appoinment for a free evaluation or:

#### View our Swim Lesson selector here

Preschool Swim Lessons	Age	Day	Time	Member MONTHLY	Non-member MONTHLY
1 / Water Acclimation		All I	essons are located at the	Holland Ou	utdoor Center
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with	3-5 yrs	Mon	4:45-5:25 PM	\$66	\$109
underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	Wed	4-4:40 PM	\$66	\$109
2 / Water Movement					
Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal	3-5 yrs	Mon	4-4:40 PM	\$66	\$109
water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	3-5 yrs	Wed	5:30-6:10 PM	\$66	\$109
3 / Water Stamina					
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.	3-5 yrs	Wed	4:45-5:25 PM	\$66	\$109

School Age Swim Lessons	Age	Day	Start Time	Member MONTHLY	Non-member MONTHLY
1 / Water Acclimation			All lessons are located at the l	Holland Out	tdoor Center
Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	6-12 yrs	Mon	4-4:40 PM	\$66	\$109
	6-12 yrs	Wed	4:45-5:25 PM	\$66	\$109
2 / Water Movement					
Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal	6-12 yrs	Mon	5:30-6:10 PM	\$66	\$109
water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	6-12 yrs	Wed	4-4:40 PM	\$66	\$109
3 / Water Stamina					
Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim	6-12 yrs	Mon	4:45-5:25 PM	\$66	\$109
sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.	6-12 yrs	Mon	5:30-6:10 PM	\$66	\$109
	6-12 yrs	Wed	5:30-6:10 PM	\$66	\$109

## **SPORTS & ARTS**

## All Branches | Summer

## METRO ESPORTS LOUNGE

Questions? Contact metroesports@ymcarivercrossing.org

Gaming Lounge Open Hours	Doylestown	Fairless Hills	Warminster
6 yrs+   Kids 8 and under must be accompanied by chaperone.   Kids 9-11 should have a parent in the building.	Mon-Fri 4:30-8:30 PM	Mon-Fri 4:30-7 PM	Fri 4:30-8 PM
	Sat-Sun 2-6 PM	Sat-Sun 2-5 PM	Sat-Sun 9 AM-2 PM

Esports Lounge Daily Pass	Age	Member	Non-member Drop-In Pass
Daily Drop-In Pass / Friday Night Tournament Pass	6 yrs+	n/a	\$10

## **ESPORTS EVENTS & PROGRAMS**

Questions? Contact metroesports@ymcarivercrossing.org

Doylestown	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Fortnite Friday (June 6 to August 29)	All ages	Fri	5-7 PM	\$0	\$10 Drop-in

Think you've mastered Fortnite? Prove it at Fortnite Friday!

Every Friday at Metro Esports, battle it out in rotating Fortnite modes: Elimination Race, Box Fights, Zone Wars, and more. Bring your squad or enter solo and get matched against others to win Metro Coins - redeemable for gaming gear, merch, and so much more at the Metro Shop! Whether you're a rookie or a pro, the competition is fierce, and the prizes are epic!

Stop by any Friday, from 4 to 6 PM to participate! Competition format changes each week.

#### Gaming & Esports Camp (Half Day AM)

Gr 3-7 Mon-Fri 9 AM-12 PM \$196 \$275

This half-day program is perfect for gamers of all skill levels, from beginners to aspiring pros! Campers will face exciting challenges, engage in team-based activities, and guided free play across a variety of their favorite games. Each day also offers structured competitions and tournaments for the featured games of the week. This camp offers short daily lessons and a curriculum that combines teamwork, leadership, game mechanics, sports psychology, and best practices for healthy gaming. Our dedicated staff, top-tier gaming equipment, and an immersive curriculum ensure an unparalleled experience. Parents love the Gaming & Esports Camp for its seamless integration of skill development, personal growth, and the campers' love for gaming.

<b>Jun 16-20</b> - Roblox	<b>Jul 7-11</b> - Roblox	Aug 4-8 - Minecraft							
Jun 23-27 - Minecraft	<b>Jul 14-18</b> - Racing	Aug 11-15 - Fortnite			cing Aug 11-15 - Fortnite				
Jun 30-Jul 3 - Racing (no camp of Fri 7/4)	<b>Jul 21-25</b> - Roblox		<b>Aug 18-22</b> - Ma	ario					
	<b>Jul 28-Aug 1</b> - Sports		<b>Aug 25-29</b> - Ca	mper's Favorites					
TechU Camps (Half Day PM)		Gr 3-7	Mon-Fri	1-4 PM	\$216	\$295			

This camp invites young game enthusiasts to dive deep into the world of game creation, media, and tech skills. This isn't your typical S.T.E.A.M. camp—each week focuses on a unique theme in the game and tech industry, from coding and computer-building to game design in some of today's most popular platforms, like Roblox, Minecraft, and Unreal Engine. Kids won't just play games; they'll learn to build, design, and even create content around them! Through a mix of hands-on activities, creative projects, and teamwork, campers will gain valuable tech skills, explore potential career paths, and make lasting connections. Be sure to check out each week's theme description to see what exciting new skills await your camper this summer! Whether they're aspiring game developers, content creators, or tech enthusiasts, this camp is designed to help every young gamer turn their passion into a skill.

Jun 16-20 - Roblox Tech Adventures	Jul 7-11 - Fortnite Game Building	Aug 4-8 - Minecraft & Code
Jun 23-27 - Minecraft & Code	Jul 14-18 - YouTube Content Creators	Aug 11-15 - Game Building in Unreal Engine
Jun 30-Jul 3 - YouTube Content Creators (no camp of Fri 7/4)	<b>Jul 21-25</b> - Roblox Game Design	Aug 18-22 - Esports Academy
	Jul 28-Aug 1 - Build-a-Computer	Aug 25-29 - Camper's Favorites (Esports)

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#### **Sensory Friendly Game Time**

An afternoon of gaming designed specifically for Ability students, where everyone can play sensory-friendly casual games in a safe, welcoming space! Enjoy an engaging gaming session where every game is tailored to create a stress-free and welcoming experience. You'll not only get to play but also build valuable friendships while connecting with others who share your love for gaming. This is special time to enjoy and have fun!

All Ages Sat 7/12

12-2 PM

\$0

\$10 Drop-in

Fairless Hills	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE
The Storm - Fortnite Weekly (June 2 to September 1)	All ages	Mon	5-7 PM	\$0	\$10 Drop-in

Think you've mastered Fortnite? Prove it in The Storm!

Every Monday at Metro Esports, battle it out in rotating Fortnite modes: Elimination Race, Box Fights, Zone Wars, and more. Bring your squad or enter solo and get matched against others to win Metro Coins - redeemable for gaming gear, merch, and so much more at the Metro Shop! Whether you're a rookie or a pro, the competition is fierce, and the prizes are epic!

Stop by any Monday, from 5 to 7 PM to participate! Competition format changes each week.

**Esports Camp** Gr 3-7 Mon-Fri *See times below* \$135 \$190

Join the excitement at our half-day Esports Camp at Fairless Hills! Suitable for students in grades 3-7, this camp offers a unique blend of fun, competition, and learning. Each session focuses on a different game, ensuring a fresh and engaging experience every time. Whether you're a beginner or an aspiring pro, our camp provides a dynamic environment to develop skills, make new friends, and explore the thrilling world of esports and gaming. Sign up now for either our AM or PM sessions and dive into the action.

AM Half Day Camps (9 AM-12 PM)		
Jun 23-27 - Minecraft	Jul 7-11 - Brawlhalla	Aug 4-8 - Rocket League
Jun 30-Jul 3 - Roblox (no camp of Fri 7/4)	<b>Jul 14-18</b> - Roblox	Aug 11-15 - Minecraft
	<b>Jul 21-25</b> - Fall Guys	Aug 18-22 - Smash Ultimate
	<b>Jul 28-Aug 1</b> - Mario Kart	Aug 25-29 - Camper's Favorites
PM Half Day Camps (1-4 PM)		
<b>Jun 23-27</b> - Madden	Jul 7-11 - Smash Ultimate	Aug 4-8 - Madden
Jun 30-Jul 3 - Mario Kart (no camp of Fri 7/4)	<b>Jul 14-18</b> - Fall Guys	<b>Aug 11-15</b> - NBA 2K
	Jul 21-25 - Fortnite	Aug 18-22 - Brawlhalla
	<b>Jul 28-Aug 1</b> - NBA 2K	Aug 25-29 - Camper's Favorites

Warminster				Member	Non-member
vvarminster	Age Age	Day	Start Time	FLAT FEE	FLAT FEE

#### **Gaming & Esports Tech Camp**

Our full-day esports camp offers an exciting, well-rounded experience for young gamers! Campers will enjoy fun challenges, team-based activities, and supervised free play across their favorite games. Each day includes structured competitions and tournaments based on the week's featured games. Curriculum combines competitive play, physical activity, and creative learning. More than just play, our program enhances strategic communication, teamwork, and confidence in a safe and structured environment. Open to gamers of all skill levels, the camp will leave participants with new skills, friendships, and memories to last a lifetime.

Families can choose full-day or half-day options. Morning sessions will feature brief lessons with insights into game design, coding, and other STEAM themes, giving campers a glimpse into how their favorite games are built and run. Afternoon sessions will feature an activity period where campers participate in gym games, swimming, and more. Campers will enjoy esports activities in both the morning and afternoon.

	Full Day Camp (AM Session & PM Session)	Gr 3-7	Mon-Fri	9 AM-4 PM	\$250	\$350
	Half Day Camp (PM Session Only)	Gr 3-7	Mon-Fri	1-4 PM	\$135	\$189
Camp Week	AM Session	AM Session PM Session				
Jun 16-20	Esports & Sports Psychology	Sports Games				
Jun 23-27	Unreal Engine: Careers in 3D	Fortnite & 9	Smash			

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Week	AM Session	PM Session
Jun 30-Jul 3 (no camp Fri 7/4)	Esports Performance Training	Roblox & Fall Guys
Jul 7-11	Minecraft & Code	Minecraft & Mario
Jul 14-18	Build-a-Computer	Roblox & Fall Guys
Jul 21-25	Fortnite & Unreal Engine	Fortnite & Smash
Jul 28-Aug 1	Cybersecurity	Sports Games
Aug 4-8	Streaming with OBS	Fortnite & Smash
Aug 11-15	Minecraft Art & Tech Adventures	Minecraft & Mario
Aug 18-22	Roblox Game Design	Roblox & Fall Guys

Discover the fun and excitement of video games in our "Game On!" program, designed specifically for active older adults. From old-school classics to easy-to-play modern favorites, this program offers a relaxed and supportive environment where you can learn step-by-step instructions and enjoy gaming at your own pace. Join us for a casual and enjoyable experience, and explore a new world of entertainment and cognitive stimulation. No prior gaming experience required!

45 yrs+ **Sat 8/23** 

**/23** 10 AM-12 PM

\$0 \$10

\$10 Drop-in

## **ESPORTS Parties**

Questions? Contact metroesports@ymcarivercrossing.org

Esports Parties		Member FLAT FEE	Non-member FLAT FEE
	Options Available by Location:		
Doylestown Esports Parties	Open Hours - 15 kids included	\$365	\$450
	After Hours - 25 kids included	\$499	\$595
	Add-on - Doylestown After Hours Rentals - Party Theme:	inc	luded
Fairless Hills Esports Parties	Before Hours - 18 kids included	\$289	\$384
	After Hours - 18 kids included	\$339	\$434
	Add-on - Additional Studio Space added to all Rentals:	\$54	\$54
Warminster Esports Party	Before Hours / Open Hours - 16 kids included	\$289	\$384
	Add-on - Additional Studio Space added to all Rentals:	inc	luded
Add-Ons Available at All Locations	Additional Child	\$10	each each
	1 Additional Hour added to Rentals	\$	160

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## **WELLNESS**

# Newtown | Summer

All YMCA River Crossing wellness programs and personal training packages are available for ages 12 years and older unless otherwise noted.

## **WELLNESS TOOLS & PROGRAMS**

Stay Well Coaching	ONE TIME FEE / PRICING IS PER PERSON	NON- MEMBER MEMBER	NON- MEMBER MEMBER	NON- MEMBER MEMBER
Let River Crossing YMCA guide you on your health and wellness journey with Stay Well Coaching! Designed with friends in mind, sign up with a group of 3 or more to meet regularly for (10) 60-minute	Package Options	3 People	4 People	5 People
in-person sessions. A Y fitness professional will work with your group in behavior change techniques, nutrition coaching, stress reduction, fitness, accountability, and support.	60 minutes - (10) Sessions	\$156 \$257	\$139 \$229	\$122 \$201

Heart Strong	ONE TIME FEE	MEMBER	NON- MEMBER
A unique exercise program specifically for patients who've participated in Doylestown Health cardiac rehabilitation and want to maintain optimal heart and vascular health. A collaboration between Doylestown Health and community gyms, the Heart Strong program keeps patients fit with prescribed exercises from their cardiac rehab team. Participation in the program includes six weeks of full branch access.	<b>6-week Program</b> (12) Sessions - 30 minutes	\$436	\$436

## PERSONAL TRAINING

Questions? Contact Chloe Ghirardi at cghirardi@ymcarivercrossing.org

Personal Training Club	MONTHLY RATES	MEMBER	MEMBER	MEMBER
Join the PT Club and get one-on-one time with a personal fitness trainer who can help you	Monthly Package Options	30 minutes	45 minutes	60 minutes
meet your goals or get started on your fitness journey. Club prices are lower than package pricing. Clients may carry over one unused session per month. Fees run as a continual draft	(4) Sessions (1 per week)	\$104	\$152	\$199
on the 1st of the month with no need to reregister each month.	(8) Sessions (2 per week)	\$208	45 minutes	\$398
There is a three month minimum commitment in order to receive the discounted pricing.	(12) Sessions (3 per week)	\$313	\$455	\$597

Personal Training	ONE TIME FEE	MEMBER	NON- MEMBER	MEMBER	NON- MEMBER	MEMBER	NON- MEMBER
Personal Training Packages	Package Options	30 m	inutes	45 m	inutes	60 mi	nutes
One-on-one time with a personal fitness trainer who can help you to meet your goals or get	(5) Sessions	\$150	\$248	\$214	\$353	\$278	\$459
started on your fitness journey.	(10) Sessions	\$278	\$459	\$403	\$665	\$530	\$875
First Time Personal Training Client Promotion							
Special pricing for first time clients. All sessions must be used within 60 days of purchase.	(3) Sessions - 45 minutes	\$95	n/a				

Partner Training	ONE TIME FEE / PRICING IS PER PERSON	MEMBER N	NON- MEMBER	MEMBER	NON- MEMBER
Partner Training Packages  There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!	Package Options	45 minu	tes	60 mi	nutes
	(5) Sessions	\$133	\$219	\$173	\$285
you both to train, side-by-side with a Personal framer and stay on target:	(10) Sessions	\$232	\$383	\$309	\$510

Team Training		ONE TIME FEE / PRICING IS PER PERSON	MEMBER	NON- MEMBER	MEMBER	NON- MEMBER
Team Training Packages		Package Options	45 mi	nutes	60 m	inutes
There's no better way to stay motivated than to train with a friend. Partner Training allows you both to	3 People	(5) Sessions	\$69	\$114	\$87	\$144
train, side-by-side with a Personal Trainer and stay		(10) Sessions	\$122	\$201	\$156	\$257
on target!	4 People	(5) Sessions	\$58	\$96	\$78	\$129
		(10) Sessions	\$99	\$163	\$139	\$229
	5 People	(5) Sessions	\$48	\$79	\$69	\$114
		(10) Sessions	\$82	\$135	\$122	\$201

## **FAMILY & COMMUNITY**

# All Branches | Summer

## AMERICAN RED CROSS CLASSES

Contact Anahita Mir at amir@ymcarivercrossing.org

Please visit website for full details on all American Red Cross Classes.

## Lifeguarding Training with Deep Water (Blended Full Course)

Branch		Class Dates	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at a	all class dates is require	d to complete certification	15 yrs+ for all branch locations	\$340	\$390	Listed below
Bethlehem						
	April	<b>Sat Apr 26</b> (10 AM-7 PM) - <b>Sun</b>	<b>Apr 27</b> (10 AM-6:30 PM) - <b>Fri May 2</b> (5-9 PM)			CE Room
	May	<b>Fri May 23</b> (5-9 PM) - <b>Sat May</b>	<b>24</b> (8 AM-6 PM) - <b>Sun May 25</b> (9 AM-4:30 PM)			CE Room
	July	<b>Fri Jul 11</b> (10 AM-7:30 PM) - <b>S</b> a	nt Jul 12 (9 AM-3:30 PM) - Sat Jul 19 (9 AM-3:30 PM)			CE Room
Deer Path						
	April	<b>Sat Apr 5</b> (9 AM-5 PM) - <b>Sun A</b> J	or 6 (9 AM-5 PM) - Sat Apr 12 (9 AM-5 PM)			Pool Deck
	May	<b>Sat May 17</b> (9 AM-5 PM) - <b>Sun</b>	<b>May 18</b> (9 AM-5 PM) - <b>Sat May 24</b> (9 AM-5 PM)			Pool Deck
	June	Fri Jun 20 (4-9 PM) - Sat Jun 2	<b>1</b> (9 AM-6 PM) - <b>Sun Jun 22</b> (9 AM-6 PM)			Pool Deck
	July	Fri Jul 11 (4-9 PM) - Sat Jul 12	. (9 AM-6 PM) - <b>Sun Jul 13</b> (9 AM-6 PM)			Pool Deck
	August	Fri Aug 8 (4-9 PM) - Sat Aug 9	(9 AM-6 PM) - <b>Sun Aug 10</b> (9 AM-6 PM)			Pool Deck
Doylestown						
	May (1)	Fri May 2 (4-9 PM) - Sat May 3	(9 AM-6 PM) - <b>Sun May 4</b> (9 AM-6 PM)			Lobby at WC
	May (2)	Fri May 17 (4-9 PM) - Sat May	<b>18</b> (9 AM-6 PM) - <b>Sun May 24</b> (9 AM-6 PM)			Lobby at WC
	July	Fri Jul 11 (4-9 PM) - Sat Jul 12	(9 AM-6 PM) - <b>Sun Jul 13</b> (9 AM-6 PM)			Lobby at WC
Fairless Hills						
	April	Fri Apr 25 (5-8 PM) - Sat Apr 2	<b>6</b> (8 AM-5:30 PM) - <b>Sat May 3</b> (8 AM-5:30 PM)			Lobby at WC
	June (1)	<b>Mon Jun 16</b> (12-9 PM) - <b>Tue J</b> u	n 17 (12-7 PM) - Wed Jun 18 (12-6:30 PM)			Lobby at WC
	June (2)	<b>Mon Jun 30</b> (1-9 PM) - <b>Tue Jul</b>	<b>1</b> (1-9 PM) - <b>Wed Jul 2</b> (1-6:30 PM)			Lobby at WC
	July (1)	Mon Jul 7 (1-9 PM) - Tue Jul 8	(1-9 PM) - <b>Wed Jul 9</b> (1-6:30 PM)			Lobby at WC
	July (2)	Mon Jul 14 (1-9 PM) - Tue Jul	<b>15</b> (1-9 PM) - <b>Wed Jul 16</b> (1-6:30 PM)			Lobby at WC
Quakertown						
	April	Fri Apr 4 (4-9 PM) - Sat Apr 5	(9 AM-6 PM) - <b>Sun Apr 6</b> (9 AM-6 PM)			Lobby at WC
	May	Fri May 23 (4-9 PM) - Sat May	<b>24</b> (9 AM-6 PM) - <b>Sun May 25</b> (9 AM-6 PM)			Lobby at WC
	June (1)	Fri Jun 6 (4-9 PM) - Sat Jun 7	(9 AM-6 PM) - <b>Sun Jun 8</b> (9 AM-6 PM)			Lobby at WC
	June (2)	Fri Jun 27 (4-9 PM) - Sat Jun 2	<b>8</b> (9 AM-6 PM) - <b>Sun Jun 29</b> (9 AM-6 PM)			Lobby at WC
	July	Fri Jul 25 (4-9 PM) - Sat Jul 26	6 (9 AM-6 PM) - <b>Sun Jul 27</b> (9 AM-6 PM)			Lobby at WC

June

Fri Jun 20 (10 AM-7:30 PM) - Sat Jun 21 (9 AM-3:30 PM) - Sat Jun 28 (9 AM-3:30 PM)

Lobby at WC

## **Lifeguarding Recertification Training**

Branch	Class Dates	Age Day	Class Time	Member Non-member FLAT FEE FLAT FEE	Location
		15 yrs+ for all branch	locations	\$175 \$195	Listed below
Deer Path	May 17	Sat	9 AM-6 PM		Pool Deck
	June 14	Sat	9 AM-6 PM		Pool Deck
	July 20	Sun	9 AM-6 PM		Pool Deck
	July 26	Sat	9 AM-6 PM		Pool Deck
	August 3	Sun	9 AM-6 PM		Pool Deck
	August 16	Sat	9 AM-6 PM		Pool Deck
Doylestown	May 10	Sat	9 AM-6 PM		Lobby at WC
	June 21	Sat	9 AM-6 PM		Lobby at WC
Fairless Hills	June 15	Sun	9 AM-6 PM		Lobby at WC
	June 29	Sun	9 AM-6 PM		Lobby at WC
	August 2	Sat	9 AM-6 PM		Lobby at WC
Quakertown	April 26	Sat	9 AM-6 PM		Lobby at WC
	May 4	Sun	9 AM-6 PM		Lobby at WC
	July 20	Sun	9 AM-6 PM		Lobby at WC
Bethlehem	May 18	Sun	10 AM-7:30 PM		Lobby at WC

## Lifeguarding Instructor Training (Blended Full Course)

Branch		Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification 17 yrs+ for all branch locations \$415							\$475	Gene Smith Conf Rm
Doylestown								
	April	Fri Apr 11 (4-9 PM) - Sat Apr 12 (9 AM-6 PM	l) - Sun Ap	r <b>13</b> (9 AM-6 PM	)			
	June	Fri Jun 13 (4-9 PM) - Sat Jun 14 (9 AM-6 PM) - Sun Jun 15 (9 AM-6 PM)						
F	August	Fri Aug 1 (4-9 PM) - Sat Aug 2 (9 AM-6 PM)	- Sun Aug	<b>3</b> (9 AM-6 PM)				

## Lifeguarding Instructor Recertification Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Doylestown	May 12	17 yrs+	Mon	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	June 22	17 yrs+	Sun	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

July 19	17 vrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
July 15	17 y131	Jac	J AN OTH	φ1/0	\$200	Gene Siniti Com Room
August 9	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
Augut 16	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

## CPR/AED for Professional Rescuers with First Aid and Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Class times will be posted as they become	ne available						

## Basic Life Support / BLS (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Class times will be posted as they become available	2	15 yrs+	Sun		\$65	\$95	Studio 2

## ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Branch		Age	Member FLAT FEE	Non-member FLAT FEE	Location
Bethlehem		15 yrs+ for all classes	\$115	\$140	Teen Center/SEFA ROOM
Wed Apr 2 (10:30 AM-1:30 PM)	Fri Jun 6 (5-8 PM)	Fri Jul 25 (5-8 PM)			
Sat Apr 26 (10:30 AM-1:30 PM)	Tue Jun 24 (11 AM-2 PM)	Fri Aug 15 (5-8 PM)			
Fri May 16 (5-8 PM)		Sat Aug 16 (11 AM-2 PM)			
Deer Path		15 yrs+ for all classes	\$115	\$140	CE Room
Sat May 3 (11 AM-2 PM)	Fri Jun 7 (10 AM-1 PM)			•	
	Thu Jun 12 (4:30-7:30 PM)				
Doylestown		15 yrs+ for all classes	\$115	\$140	Teen Center
Tue Apr 22 (5:15 PM-8:15 PM)	Tue Jun 3 (5:15 PM-8:15 PM)	Sat Jun 28 (10 AM-1 PM)	Tue Aug 5	(5:15 PM-8:15	5 PM)
Tue Apr 29 (5:15 PM-8:15 PM)	Sun Jun 8 (10 AM-1 PM)	Tue Jul 1 (5:15 PM-8:15 PM)	Sun Aug 17	7 (10 AM-1 PM	1)
Sun May 4 (11 AM- 2 PM)	Tue Jun 10 (5:15 PM-8:15 PM)	Tue Jul 15 (5:15 PM-8:15 PM)	Tue Aug 19	(5:15 PM-8:	15 PM)
Tue May 6 (5:15 PM-8:15 PM)	Sat Jun 14 (10 AM-1 PM)	Sat Jul 19 (10 AM-1 PM)			
Tue May 27 (5:15 PM-8:15 PM)	Tue Jun 17 (5:15 PM-8:15 PM)	Sat Jul 26 (10 AM-1 PM)			
Sun Jun 1 (10 AM-1 PM)	Tue Jun 24 (5:15 PM-8:15 PM)	Tue Jul 29 (5:15 PM-8:15 PM)			
Easton		15 yrs+ for all classes	\$115	\$140	SEFA Room
Fri Apr 18 (5 PM-8 PM)	Sat Jun 7 (11 AM-2 PM)	Sat Jul 19 (11 AM-2 PM)			
Mon May 5 (10:30 AM-1:30 PM)	Sun Jun 8 (11 AM-2 PM)	Sat Jul 26 (11 AM-2 PM)			
Sat May 24 (10:30 AM-1:30 PM)	Sat Jun 14 (11 AM-2 PM)	Sat Aug 23 (11 AM-2 PM)			

	Sat Jun 28 (11 AM-2 PM)	Sat Aug 30 (11 AM-2 PM)				
Fairless Hills		15 yrs+ for all classes	\$115	\$140	Studio 2	
Sun Apr 27 (12 PM-3 PM)	Sun Jun 8 (11 AM-2 PM)	Sun Jul 13 (11 AM-2 PM)	Sun Aug 3 (	11 AM-2 PM	)	
Sun May 4 (11 AM-2 PM)	Sun Jun 15 (11 AM-2 PM)	Sun Jul 20 (11 AM-2 PM)	Sun Aug 17	(11 AM-2 PI	М)	
Fri May 9 (5 PM-8 PM)	Sun Jun 22 (11 AM-2 PM)	Sun Jul 27 (11 AM-2 PM)	Fri Aug 22 (	5 PM-8 PM)		
Sun May 18 (11 AM-2 PM)	Fri Jun 27 (5 PM-8 PM)		Sun Aug 24	(11 AM-2 PI	М)	
Sun May 25 (11 AM-2 PM)	Sun Jun 29 (11 AM-2 PM)					
Round Valley		15 yrs+ for all classes	\$115	\$140	CE Room	
Mon Apr 7 (5:30 PM-8:30 PM)	Mon Jun 9 (5:15 PM-8:15 PM)	Sat July 5 (2 PM-5 PM)				
Fri Apr 18 (3 PM-6 PM)	Sat Jun 21 (1 PM-4 PM)	Sat Jul 26 (1 PM-4 PM)				
Wed Apr 30 (5:30 PM-8:30 PM)	Fri Jun 27 (5 PM-8 PM)	Fri Aug 1 (5 PM-8 PM)				
Mon May 12 (5:15 PM-8:15 PM)		Mon Aug 4 (5:30 PM-8:30 PM)				
Tue May 27 (5:30 PM-8:30 PM)		Sat Aug 16 (1 PM-4 PM)				
Quakertown		15 yrs+ for all classes	\$115	\$140	Upstairs/CC Room	
Wed Apr 9 (6:30-9:30 PM)	Fri Jun 6 (5 PM-8 PM)	Wed Jul 9 (6:30-9:30 PM)	Sat Aug 9 (	10 AM-1 PM)	)	
Sun Apr 13 (10 AM-12:30 PM)	Wed Jun 11 (6:30-9:30 PM)	Sat Jul 12 (10 AM-1 PM) Wed Aug 13 (6:30-9:30 PM)				
Sun May 4 (10 AM-12:30 PM)	Sat Jun 21 (10 AM-1 PM)	Sun Jul 20 (10 AM-1 PM)	Sat Aug 23	(10 AM-1 PN	1)	
Wed May 7 (6:30-9:30 PM)						

## **FAMILY & COMMUNITY**

## All Branches | Summer

For questions or inquiries on availability in the Lehigh Valley region, reach out directly to our staff team at the branch:

Bethlehem - 610.867.7588

**Slate Belt** (Pen Argyl) - 610.881.4470

Easton - 610.258.6158

**Suburban North** - 610.264.5221

For questions or inquiries on availability in Bucks and Hunterdon Counties, contact:

Doylestown, Fairless Hills, Holland, Deer Path & Warminster - Hannah Keller, hkeller@ymcarivercrossing.org

**Quakertown** - Danielle Leatherman, dleatherman@ymcarivercrossing.org

Camp Carr - Andy Cogen, acogen@ymcarivercrossing.org

## **PARTIES**

After Hours Splashin' Bash	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Splash 'N Bash Party					
This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 guests maximum. 15 min swim testing, 1 hr pool celebration, 15 min changing time	Deer Path	Sat	5-7 PM	\$406	\$507
	Doylestown	Sat	6-8 PM	\$406	\$507
and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.	Fairless Hills	Sat	6-8 PM	\$406	\$507
*Warminster Branch party time may be adjusted if the facility is closing later.	Quakertown	Sat	5-7 PM	\$406	\$507
	Warminster	Sat	4:30-6:30 PM	\$323	\$404
		Additional hou	ır at all branches:	\$173	\$173

NinaZone Parties				Member FLAT FEE	Non-member FLAT FEE
NinjaZone Party					
Join us for a birthday party in Warminster Branch's new NinjaZone space. Where kids can practice gymnastics, parkour and martial arts moves. All parties will also include a NinjaZone coach to assist	Warminster	Sat	2:30-4:30 PM	\$309	\$399
in running games and obstacles.	Warminster	Sun	12-2 PM	\$309	\$399

<b>Esports Parties</b>				Member FLAT FEE	Non-member FLAT FEE
Love gaming? Celebrate your birthday at our new	gaming lounge! Guests enjoy all lounge amer	nities and party space for food and cak	e. Ages 7 yrs+		
<b>Esports Party during Open Lounge Hours</b> Doylestown Two Hour Party	(Shared Space with Community) Mon-Fri 4:30-6:30 PM (Sep-May)	Mon-Fri 5-7 PM (Jun-Aug)	Sat-Sun 3:30-5:30 PM	\$365	\$450
Fairless Hills Two Hour Party	Sat-Sun 12-2 PM			\$289	\$384
Warminster Two Hour Party	Mon-Wed 5 PM-7 PM	Sat-Sun 12-2 PM		\$289	\$384
			Additional hour at all branches:	\$160	\$160

**Esports After Hours Party** 

Doylestown	Sat 6-8 PM		\$499	\$595
Fairless Hills	Sat 5-7 PM		\$339	\$434
		Additional hour at all branches:	\$160	\$160

Skatepark Party	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
Skatepark Party					
Available seasonally upon request, during shared hours with community members.	Doylestown	Sat	3:30-5:30 PM	\$323	\$404

## **RENTALS**

After Hours Full Facility Rental	Branch Location	Day	Time	Member FLAT FEE	Non-member FLAT FEE
After Hours Full Facility Rentals					
Pool, gymnasium, locker rooms, studios.	Deer Path		7-10 PM	\$811	\$1,054
	Doylestown	C-t-C	6-9 PM	\$811	\$1,054
	Fairless Hills	Sat-Sun	6-9 PM	\$811	\$1,054
	Quakertown		5-8 PM	\$811	\$1,054
		Additional hour a	t all branches:	\$270	\$270

Facility Space Rentals		Branch Location	Day	Available Hours	Member RENTAL FEE	Non-member RENTAL FEE
Individual Space Rentals						
All rates listed are hourly	Teen Center / Pavilions	Doylestown	Sat-Sun	2-9:30 PM	\$78	\$156
			Additional fee for rentals after 6 PM:		\$108	\$108
	Outdoor Basketball Courts	Doylestown	Sat-Sun	12-5 PM	\$27	\$41
	Gymnasium	Quakertown	Contact for availability		\$108	\$129
	Auxiliary Gymnasium	Quakertown	Contact for availability		\$81	\$101
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30-2:30 PM	\$323	\$404
				Additional hour:	\$173	\$173
	Studio	Warminster	After Hours or W	eekends 12-2 PM	\$108	\$189
Holland Pool Rental	After Hours Only - Seasonal, Mid-June thru August		Sat	5-7 PM	\$314	\$376
				Additional hour:	\$173	\$173

## **Hunterdon County Seasonal Rentals**

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**Camp Carr Rental** 

Parties & Rentals 2025 - Page 3 (ed. 5/30/25)