

# RIVER CROSSING YMCA QUAKERTOWN GYMNASIUM

September 7-November 30, 2024 Schedule

"We're here for you."

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Advanced Pickleball</b> 6:30-10:00 AM	<b>All Level Pickleball</b> 6:30 AM-12:45 PM	<b>Advanced Pickleball</b> 6:30-10:00 AM	<b>Advanced Pickleball</b> 5:00-8:30 AM	<b>Advanced Pickleball</b> 6:30-10:00 AM	<b>MLS Go Soccer</b> *Inclement Weather 10:15 AM- 12:30 PM 9/7-10/26  <b>NHL Street Hockey</b> 11/9/2024 - 12/28/2024	<b>Adult Basketball</b> 7:00 AM-5:00 PM *Subject to change
<b>Silver Sneakers Circuit</b> 11:00-11:45 AM	<b>Beginner Pickleball Class</b> 9:30-10:30 AM	<b>Stretch and Balance</b> 11:00-11:45 AM		<b>Silver Sneakers Circuit</b> 11:00-11:45 AM		
<b>Powerplay Class</b> 2:00-2:40 PM				<b>CC Gym Class</b> 12:30 PM - 1:00 PM	<b>Pickleball Workshops</b> *Registration required* 1:00-3:00PM 9/21/2024 - 11/16/2024	
				<b>Parent &amp; Child Sports</b> 1:15 PM - 1:45 PM		
<b>Tiny Teammates</b> 5:15-5:55 PM Sept- May	<b>Kids Triathlon</b> Tues 5:15-6:00 PM ends 10/29/24	<b>Tiny Teammates</b> 5:15-5:55 PM ends 11/27/24	<b>Basketball Class</b> 5:15-5:55 PM	<b>Dodgeball Class</b> 5:00-5:40 PM	<b>Adult Basketball</b> 3:15-5:00 PM *Subject to change	
<b>Soccer Class</b> 6:15-7:55 PM	<b>Pre-Season Basketball</b> 6:30-7:30PM	<b>Adult Basketball</b> 6:15-9:00 PM	<b>Pre-Season Basketball</b> 6:30-7:30PM	<b>Adult Basketball</b> 6:00-9:00 PM		
<b>Adult Basketball</b> 8:15-9:00 PM	<b>Adult Volleyball</b> 7:45-9:00 PM		<b>Adult Volleyball</b> 7:45-9:00 PM			

**Adult Basketball is pickup basketball for adults.**

**Undesignated times require guests to be 12 to 17 without an adult 18 or older.**

**All Level Pickleball is pickup format for open pickleball.**

**updated 9/18/2024**