



2023 Report to the Community

STRENGTH IN COMMUNITY

YMCA OF BUCKS AND HUNTERDON COUNTIES

TO OUR MEMBERS, DONORS AND COMMUNITY

At YMCA of Bucks and Hunterdon Counties, our greater goal is to strengthen the communities we serve. In 2023 we expanded programs and partnerships in both counties, as well as the reach of our free, donor-supported Pathway programs, family feeding programs and financial assistance for the individuals and families who rely on the Y the most.

This past year showed us how we strengthen community through **strength in service, strength in partnership** and **strength in numbers**. Investing in our relationships with schools and community organizations means providing more high-quality school age child care and early childhood education in Hunterdon County and the Fairless Hills community. It means more out-of-school STEAM learning and youth sports opportunities for students. It means more wellness and socialization opportunities for active older adults at our branches. It means the most participants ever in our annual kids triathlon in Doylestown. As you will read in this report, the list is robust.

This year **strength in partnerships** extended beyond the boundaries of our current service areas. In September we signed a management agreement with the intent to merge with Greater Valley YMCA, which serves our neighbors to the north of Bucks County - Lehigh and Northampton Counties in PA and Phillipsburg, NJ, located just over the Delaware River in Warren County. Since that time we have been conducting our due diligence to determine how we can leverage each other's strengths to better serve all of our members and participants in the coming years.

We trust this report shares our Y's 2023 highlights through stories of service and partnership, and you will see how vital your commitment and participation are to strengthening our impact, which is felt throughout our communities.

Thank you,

Zane Moore and Allen Childs



ZANE MOORE
President/CEO

A handwritten signature in black ink, appearing to read 'Zane Moore', written over a light-colored background.



ALLEN CHILDS
Chief Volunteer Officer
Association Board of Directors

A handwritten signature in black ink, appearing to read 'Allen Childs', written over a light-colored background.

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PENNSYLVANIA

TOTAL NUMBER OF MEALS/SNACKS SERVED:

37,884

- Summer Food Service Program (SFSP): 6,921
- Child and Adult Care Food Program (CACFP): 17,099

TOTAL NUMBER OF CHILDREN SERVED:

366

- Summer Food Service Program (SFSP): 274
- Child and Adult Care Food Program (CACFP): 92

NEW JERSEY

Pounds of fresh food distributed to community members:

34,139

Pounds of food donated to food banks/food pantries:

4,608

Number of families served:

1,070

FEEDING PROGRAMS

At the Y, more than 70% of the children we serve through child care programs in Lower Bucks, New Britain, Quakertown and Warminster are considered food insecure. We have seen, first hand, the impact of hunger. Children who do not eat enough food are at a disadvantage from their peers. Hunger leads to more illnesses, an increase in hospital visits as well as behavioral and emotional issues due to stress, exhaustion, poor attention and inadequate coping skills. Nourishment is the most important school supply.

YMCA of Bucks and Hunterdon Counties is the leading nonprofit child care provider in the area dedicated to helping improve the health of at-risk families. In 2023, we were **certified as a Child and Adult Care Food Program (CACFP)** by the USDA. The CACFP is a federal program that **provides reimbursements for nutritious meals and snacks** to eligible children and adults who are enrolled for care at participating child care centers and school age child care programs.

As a result of the generous funding from our donors, the Y has been able to **launch the feeding program** at our St. Francis Cabrini Summer Camp and Morrisville Child Care and School Age Child Care programs; hire two feeding team members including an advanced director to lead the program and a part-time staff person to help track and maintain all of the required paperwork for the USDA; and, provide nutritious hot meals and improved snacks.

“The CACFP food program has been an absolute blessing to our family. Recent changes to the SNAP and Medicaid programs have meant that we no longer qualify for food assistance or medical assistance. The unexpected expense of acquiring new health insurance and no longer receiving SNAP benefits has been difficult for our family. Knowing that my son will receive both breakfast and lunch each day he is in care has been a huge relief for us. We are so grateful for all the help we have received from the YMCA and the CACFP program. From our entire family, Thank you to the donors who make these programs possible.”



Children receiving a weekend food “backpack”



CAUSE DAY

November 28 was Giving Tuesday, and at the Y it was Cause Day inside our branches. Members and visitors were treated to **entertainment, games and refreshments to create awareness and celebrate** our Cause Membership. Cause Membership is a sustaining **philanthropic membership** that supports the Y's **free Pathway programs**. 173 new Cause members signed up, and any current Cause member who enrolled a friend or family member in Cause received a unique YMCA Cause hoodie!

Along with Pathway programs such as the 7th Grade Initiative (free facility memberships for seventh graders) and the Safety Around Water Pathway program (water safety and survival for young children), the ongoing support from Cause members provides critical funding for the Y's financial assistance and food distribution programs.

Benefits to Cause membership include **free access to Y Wellness 24/7**, the online resource for thousands of live and on-demand fitness classes, **nutritional workshops** and **mindfulness sessions**. Members also gain exclusive access to the Cause portal, a password-protected webpage featuring the triumphant **stories of past and present Pathway program participants**, as well as opportunities to volunteer at YMCA events that benefit the community.

Scan below to support the Y's Pathway programs through Cause membership.



843 IMPACTED

VETERANS WELLNESS

For veterans and spouses/partners

122 IMPACTED

HEALTHY HORIZONS

Mental health recovery program ages 18+

2,164 IMPACTED

SAFETY AROUND WATER

2nd grade swim and safety in water program

507 IMPACTED

HEALTHY LIFESTYLES

Diabetes prevention + weight loss program

60 IMPACTED

NORM

Couch to 5K running program serving at-risk youth

116 IMPACTED

WE ALL WHEEL

Where every child can play with friends

PATHWAY PROGRAMS

YMCA Pathway programs are donor-funded, specialized programs provided free to specific groups of individuals seeking wellness and connection. Many participants would not be able to find similar opportunities outside the Y.

Veterans

On December 16, 47 military Veterans (and some spouses) attended the Veterans Wellness Pathway program graduation ceremony at the Doylestown branch. The Veterans Wellness Pathway is a 12-week program designed specifically for **military veterans and spouses/partners** to learn **exercises, skills and techniques** to build healthy mind and body habits.



Veteran Pathway Graduation Spring 2023

"I wanted to tell you that the graduation we had on Saturday was unbelievable. I was surprised at what it really meant to me. It was a group of individuals that came together to express their thanks, discuss some of their problems and road bumps and became a group to support each other. For me it made me feel like I belonged to a real group of genuine friends that gave of their heart, their body, and their souls."

-Ken, Veterans Pathway 2023 graduate

Healthy Lifestyles



The Healthy Lifestyles Pathway program, **a diabetes prevention program**, focuses on behavior change, movement, weight loss and lifestyle modification. The goals of the program are for participants to avoid or delay Type 2 diabetes, lose weight and increase physical

activity to at least 150 minutes per week or more. The free, 12-week program, **open to all adults at risk for developing type 2 diabetes**, is currently running in the Doylestown, Fairless Hills and Deer Path branches.

"The Healthy Lifestyles program changed my life. At the end of the 16-week program, I lost 12 pounds, reduced my A1C from pre-diabetic to healthy, and was able to discontinue my cholesterol medicine. The program was informative and easy to follow. The program also included a free gym membership, where I was able to take advantage of many varied classes, including Zumba, tai chi and my new favorite, pickleball. Six months later, I am maintaining my healthy habits and reaping the benefits of continued good health."

-Lisa Monahan, Healthy Lifestyles graduate

Healthy Horizons

Healthy Horizons is a 12-week program designed to **promote physical health and well-being and encourage community connection for those in the mental health recovery process.** The Healthy Horizons Pathway program is currently open to adults who meet certain mental health diagnostic qualifications at the Quakertown, Doylestown and Fairless Hills branches of the Y.

“After making some wrong choices in life I found myself in rehabilitation for mental health and substance abuse. When I became an outpatient, I started Healthy Horizons at the YMCA in Fairless Hills. It was one of the best choices I made in my recovery at that point because I gained so much knowledge that I was ignorant to. I learned the importance of nutrition and exercise to my brain and my moods and my energy. Healthy Horizons showed me a different way I could treat my disease besides therapy, without medication. I’ve met people in the program who are going through the same thing that I am going through. It has been an amazing journey.”

-Roberto Santaliz, Healthy Horizons Pathway program graduate.

7th Grade Membership Initiative

The 7th Grade Membership Initiative (7GI) is a donor-supported Pathway program inviting **seventh graders to sign up for a free membership** to use the YMCA, including the fitness center, gymnasium and pool. Students must learn about the equipment and pass a safety aptitude test to use it. 7GI is open to seventh graders at all YMCA of Bucks and Hunterdon Counties branches.

“The 7th grade membership had a really positive impact on Ryder and his friends. It was a safe place for him to go to be with his friends, burn off steam playing basketball, and occasionally work out in the gym. The Y gives the kids a real sense of belonging in this program. It introduced Ryder to the Y and all the opportunities the Y offers teens to grow and develop responsibility.”

-Karen, mother of Ryder who participated in the initiative two years ago, reflecting on the impact 7GI had on her son

Thrive Cancer Wellness

On April 8, the Y graduated another class of THRIVE Cancer Wellness Pathway program participants! Because of the love and generosity of donors and Cause members, **since 2012 over 500 have graduated from THRIVE.** THRIVE Cancer Wellness is now offered at Doylestown, Quakertown and Fairless Hills YMCA branches.

“I am a four-time cancer survivor and it was great to connect with others that are doing great surviving. Thank you for the opportunity to meet and continue my own battle with the wonderful people in my group.”

-THRIVE Cancer Wellness graduate



7,837 IMPACTED

7th GRADE
INITIATIVE

Free membership for 7th Graders

520 IMPACTED

THRIVE

Cancer wellness program

279 IMPACTED

EMPOWER U

For teen girls in grades 7-10



STAND UP

For teen boys ages 12-15

HERE FOR OUR COMMUNITY

Through our “Here For Our Community” Initiative, we provided over 2,600 people with free in-person and virtual wellness opportunities.

From November 20 through December 20, 2023, the Y welcomed **2,631 individuals into our branches to use the Y for free** with the 2023 “Here For Our Community” initiative.

For the third consecutive year, the YMCA committed resources to help the community **improve health and well-being** during the winter holidays. During those times, the “Here For Our Community” initiative provided over **9,000 individuals over 22,000 free visits** to connect and engage with others to meet social, physical and mental well-being needs.

“We were looking to be more active,” explained Lois Dornan, who with her husband Brian, visited the Deer Path branch in Flemington during ‘Here For Our Community.’ “You don’t realize how sedentary you are until you get up and start moving. It’s not so easy! The staff was so welcoming and friendly, and we have friends from the community who are members. So we joined.”

As part of the initiative, the YMCA made fitness centers, pools, gymnasiums and classes available for free at all six branches. Free virtual wellness was also open to the entire community through Y Wellness 24/7. The virtual platform provides thousands of weekly live and on-demand health and wellness programs for all abilities and interests.



ABOVE: Lois and Brian Dornan visited the YMCA during the free “Here For Our Community” initiative in 2023.



Chocolotta

The Y held its 19th annual Chocolotta event on March 17 **raising more than \$95,000 to provide assistance for low to moderate income families** whose children participate in the Y's early childhood, school age and summer camp programs.

With 150 people in attendance at the St. Patrick's Day-themed event, the YMCA hosted Chocolotta at its Quakertown branch for the first time. The gymnasium was transformed into an elegantly shamrocked ballroom, complete with indulgent food stations, chocolate desserts and live string jazz.

More than **\$16,000 in donations** were pledged during a live Send A Kid To Camp auction that allowed **80 children to attend summer camp** whose families would not otherwise be able to pay the cost.

"While recovering from cancer and treatment, the YMCA was there for me and my family. My life had changed forever because of my illness and I was not in the position to afford camp for my children. I grew up at this Y and have strong bonds with many of the staff. The YMCA Financial Assistance program made it so my son and daughter could attend camp last year while I focused on my own health so I could return to work."

-MaryLisa Kelly, Quakertown branch member and guest speaker at Chocolotta

Comedy Night

The 31st Annual Comedy Night was held on Friday, November 17 at the Hunterdon Hills Playhouse in Hampton, New Jersey. With over 300 comedy fans in attendance, the event raised more than **\$110,000 for the Y's financial assistance program**. In addition to a silent auction, the event included a "Send a Kid to Camp" appeal which raised funds to provide financial assistance for **130 children to attend YMCA day camp**.

"The support we receive at Comedy Night for the Y's financial assistance program grows every year. To raise more than \$110,000 in one night is an incredible achievement that will help countless kids and families take part in Y programs like summer camp, child care, and more. We are grateful to the sponsors, attendees, and volunteers who made this event possible."

-Jason Halpin, Chair of YMCA Comedy Night

Golf Outing

On September 11, over 180 golfers gathered at Union League National Golf Club at Torresdale for the annual Friends of the YMCA Golf Invitational. The event raised over **\$230,000 to support YMCA financial assistance and children's feeding programs**, as well as YMCA Pathway programs throughout Bucks and Hunterdon counties. Learn more about donor-supported Pathway programs in this report, such as the THRIVE cancer wellness Pathway program for individuals recovering from cancer treatment, our Veterans Wellness Pathway program, and Healthy Horizons, a Pathway program for those in treatment for mental illness.



ABOVE: MaryLisa Kelly, beneficiary of vital YMCA financial assistance, addresses guests at Chocolotta on March 17.



ABOVE: Richard Karass (second from left) spoke on behalf of the Veterans Wellness Pathway program at Comedy Night in November.



ABOVE: YMCA Chief Volunteer Officer Allen Childs and President/CEO Zane Moore between holes at the 2023 Friends of the Y Golf Invitational.



SHARE THE IMPACT

Seeing the Impact

On July 26, we celebrated leadership level donors during our first in person Share the Impact event since the pandemic, held at the Barley Sheaf Farm in Holicong, PA.

Donors enjoyed an **interactive cause-related “Board Walk”** that highlighted each of the Y’s Pathway Programs. In 2023, YMCA of Bucks and Hunterdon Counties **positively impacted 2,264 Pathway participants**.

Guest speaker Sean Straub, graduate of the Y’s Healthy Horizons Pathway program, shared a **moving testimonial** about his recovery and mental health. President/CEO Zane Moore shared his account of how the Veterans Wellness Initiative has enriched his father’s life following the passing of Zane’s mother earlier this year.

During the winter of 2023, Sean Straub completed Healthy Horizons, the 12-week donor-funded YMCA Pathway program for individuals in recovery and mental health rehabilitation.

“I learned in Healthy Horizons that exercise is more important to my mental health than my physical appearance,” Sean shared at the annual Share the Impact event. “Being in Healthy Horizons has benefited me and my entire family,” he continued. “I use exercise to maintain sobriety, and feel connected to the other participants in the program. Not only am I there for my family, but I am now the role model for my children I want to be.”

-Sean Straub, Healthy Horizons graduate



FINANCIAL ASSISTANCE

“When we first joined the Y we were in a good position but over the last seven years we have struggled with job losses, health issues and financial difficulty. I honestly don’t know where we would be if not for our Doylestown YMCA. We were able to use the assistance program, which was crucial for our children to continue participating in swim lessons, education and sports programs. They’ve made so many friends in the community through the Y, and we would not have been able to participate in the YMCA if not for the Financial Assistance program. We are just so grateful for everything the YMCA has afforded us.”

–Katherine, Financial Assistance recipient

“Three years ago a three-year-old little girl was dropped off at my doorstep, and her parents never came back. We have had a hard time getting assistance for her because, even though we have custody of her, we don’t qualify for child care assistance or any other support from the state. After I submitted my application I found out the good news that I qualified for YMCA financial assistance for summer camp. I just want to say thank you so much. It’s been life-changing.”

–Jenny, Financial Assistance recipient

“I am a mom of five in Lower Bucks County. My own children are 27, 22 and 16 years old, but for the past two years I have been raising my two nephews, Brody, age seven and Grayson, who is four. Since we don’t receive any assistance from the state or outside agencies I thought I would try to apply for YMCA financial assistance so I could send them to summer camp again this year. I was shocked and excited to learn I would receive 75% assistance from the Y so they can attend sports, programs and camp. The boys were super excited when they found out they’d be returning to camp! Thank you from our family, and heartfelt gratitude from Brody and Grayson for granting them financial assistance and allowing them to enjoy this summer at the YMCA this year. We feel this was something the boys needed, and it makes them very happy.”

–Diana, Financial Assistance recipient



PARTNERSHIPS

Throughout 2023, YMCA of Bucks and Hunterdon Counties expanded our service reach in part because of new partnerships established with both regional and national organizations.

Kids Tri/USA Tri

YMCA of Bucks and Hunterdon Counties hosted the 13th annual Kids Triathlon at the Doylestown branch on Sunday, August 13. The race hosted over **400 children and families** from all over Bucks County and the surrounding area in the swim, run and bike event for children ages 6-14. This year, the YMCA **partnered with the USA Triathlon Foundation** to help introduce new youth triathlon programs leading up to the race, as well as training resources to support the youth and teens in their training.

“Creating more consistent opportunities for kids to engage in triathlon and multisport by practicing and participating with their friends will lead to the fun-filled unforgettable moments that stay with them for a lifetime. When the activity becomes intertwined with their routines, friends and interests, it becomes a healthy passion. The USA Kids Tri program will introduce the sport in a fun, non-competitive fashion for athletes from all backgrounds.”

-Emma O'Brien, USA Triathlon youth program coordinator

The USA Triathlon Foundation supported the Y with training resources and equipment including heart rate monitors, pedometers, Wahoo Kickr Bike Trainers and Zone 3 goggles and swim caps. All youth athletes who participated in the YMCA's Kids Tri programs, camp and/or race received a free USA Triathlon Youth Annual Membership.



Wellness Partnership in Bucks and Hunterdon Counties

Throughout 2023, the Y partnered with **organizations and elected officials to provide health and wellness opportunities** to the community. Along with leading healthy living workshops and classes for businesses in Bucks County, the Y's wellness leaders attended various health fairs around the region, many to specifically address the health needs of active older adults. These included:

- PA State Representative Kristin Marcell's Senior Expo in April at Spring Mill Manor in Ivyland
- Bucks County Senior Games in May at Bucks County Community College
- PA State Senator Jarrett Coleman's Senior Expo in Quakertown in October
- Hunterdon County Health and Wellness Fair in October at the Hunterdon County Complex in Flemington
- PA State Representative Brian Munroe's Senior Fair in Doylestown in October

Metro Esports Warminster branch

This past Spring the Y in Warminster opened the second in-branch Metro Esports gaming Lounge. The inclusive **state-of-the-art computer and console gaming lounge** features open play gaming hours, free to Y members, as well as technology Tech-U summer camp and STEAM education. Along with the opening of the lounge and programs, the Y and Metro also announced the start of the Centennial Esports League, providing **gaming and competition** to Centennial School District school age students twice a week after school.

“The partnership is an innovative approach to creating opportunities for students of all ages, interest levels and abilities to pursue their interests in gaming and technology.”

-Ari Evans, vice president of operations, Metro Esports



Danaher Lynch Family Foundation at Fairless Hills branch

15 volunteers from the Danaher Lynch Family Foundation completed **eight hours of service** at the Fairless Hills branch helping out with our annual Halloween Boo Bash and Frost Fest family events.

Deloitte Joins the Y for Camp Carr Cleanup Day!

In June the Y hosted a Day of Caring with **25 volunteers from Deloitte** at Camp Carr in Annandale, NJ. This is an annual event through Deloitte, when, nationwide over **150,000 volunteers participate in their local communities.**



PARTNERING WITH SCHOOL DISTRICTS

School Age Child Care in Clinton Township School District

Beginning the school year 2023–2024, the Y's school age child care program expanded services to the **Clinton Township School District** in New Jersey. The new before and after school program currently serves **125 children** at Round Valley, Patrick Mcgaheran and Spruce Run schools, including children in the Clinton Township Pre-K program.

STEAM in Flemington/Raritan and Readington Township School Districts

Beginning in 2023, the Y **partnered with Flemington/Raritan and Readington Township School Districts** in Hunterdon County to provide after school STEAM (Science, Technology, Engineering, Art, Mathematics) programs to school age students. These programs enriched **439 lives** with fun STEAM classes such as building pixel art via Minecraft, creative writing clubs, scientific inquiry games, and architectural/engineering projects with Lego bricking. Some of these programs are supported by Title 1 funding, which is used to provide children with increased opportunities to receive fair, equitable, high-quality education to better close educational achievement gaps.

Youth Sports and Learning Opportunities in Lower Bucks County Schools

Our Fairless Hills branch **partnered with Bishop Conwell Egan Catholic High School** as well as **several public school districts** to ensure school age children have the opportunity to learn and grow outside of school hours. In the fall of 2023, **282 students** from seven Pennsbury schools participated in the after school enrichment program. The program offered traditional sports, art, cooking, STEM and Spanish. At the Pen Ryn School, the Y offered after school sports enrichment for 25 students. At Conwell Egan High School over 100 youth signed up for student memberships, and the Y conducts soccer, flag football, t-ball, track and cross country leagues at the school's fields.



ABOVE: Students at Three Bridges School working on their 'Island Shelter' in our STEAM Survivor Club



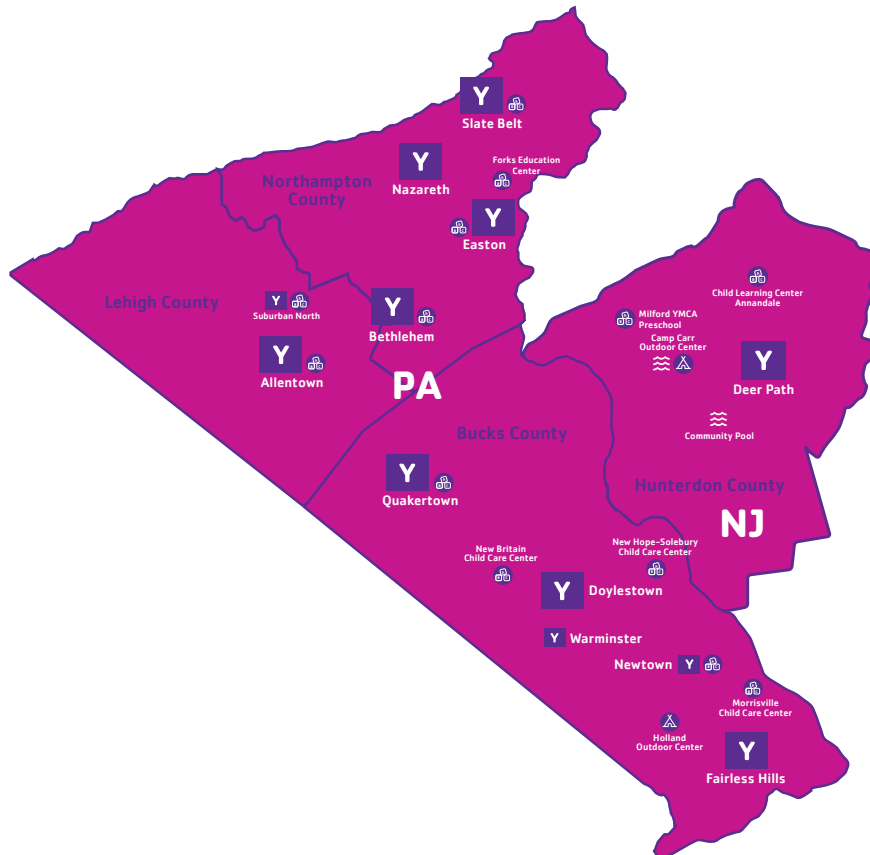
MANAGEMENT AGREEMENT

Stronger Together, YMCA of Bucks and Hunterdon Counties Signs Management Agreement with Greater Valley YMCA.

Upon the retirement of David Fagerstrom, CEO of Greater Valley YMCA, boards of directors from the two YMCAs entered a management agreement that named Zane Moore as managing President/CEO of Greater Valley YMCA. Greater Valley YMCA serves Lehigh and Northampton counties north of Bucks County and includes branches and child care centers in Allentown, Bethlehem, Catasauqua, Easton, Nazareth and Pen Argyl.

The management agreement provides a unique opportunity for the two Ys, who already have a shared mission and commitment to positively impact lives, to explore the possible benefits of merging the organizations. Exploration will include assessing organizational alignment, shared resources and efficiencies, and opportunities for learning from proven practices.

“This is an exciting time for both Ys that will provide us with a great opportunity to learn from each other and establish collaborative connections,” said Zane Moore, President/CEO of YMCA of Bucks and Hunterdon Counties. “Through this process, our goal is to strengthen both organizations, providing greater benefit and service to communities across Lehigh, Northampton, Hunterdon and Bucks counties.”



BUCKS

- Doylestown branch
- Fairless Hills branch
- Holland Outdoor Center
- Morrisville Child Care Center
- New Britain Child Care Center
- New Hope-Solebury Child Care Center
- Newtown branch
- Quakertown branch
- Warminster branch

HUNTERDON

- Camp Carr
- Child Learning Center
- Deer Path branch
- Milford Preschool

LEHIGH

- Allentown branch
- Suburban North branch

NORTHAMPTON

- Bethlehem branch
- Forks Education Center
- Easton branch
- Nazareth branch
- Slate Belt branch



The Tehani Dance Troupe performs Polynesian dances at the Welcoming Week International Potluck.



ABOVE: Attendees sample authentic Tunisian food at the Welcoming Week International Potluck.



ABOVE: Ayne and Marco Delgado dance the Mariachi at the Welcoming Week International Potluck.



WELCOMING WEEK POTLUCK

We Celebrated Welcoming Week with an International Potluck Event

Over 200 people attended the Y's inaugural Welcoming Week International Potluck at the Quakertown branch on Friday, September 8, 2023. The event featured **foods and entertainment from over 17 nations**, including contributions from Y members and vendors from around the community.

Welcoming Week takes place every year the first full week in September. We join YMCAs from across the U.S. in reaching out to our local immigrant communities to ensure they know they have a safe, welcoming place at the Y.

Cultures represented by members and local food vendors included **Poland, Ukraine, Tunisia, China, India, Mexico, Puerto Rico, Romania, Greece, Italy, Morocco, El Salvador, the Cherokee Nation, Philippines and Serbia**. Middle-Eastern and Polynesian dancing was provided by local dance troupe Tehani, and YMCA members Marco and Ayne Delgado danced Mariachi in full regalia.

LEFT: Over 200 members, visitors and staff attended the first annual Welcoming Week International Potluck.

ABILITIES PROGRAMS

YMCA of Bucks and Hunterdon Counties offers adapted activities for youth, teens and adults that include swim lessons, one-on-one fitness instruction, creative arts classes, summer camp, teen nights and afterschool programs. In 2023 we **served over 300 adults, youth and teens** in ability programs designed to promote socialization, movement and community involvement. This included 51 youth campers, 44 teens and 80 adult "Seekers," who this year are **celebrating 50 years at the Y in Doylestown**.

The longest running active program in the association's history, Seekers is a twice weekly program for adults with disabilities. Seekers has been running at the Y since 1973, when Louise Peters, the first executive director, partnered with the Lenape Valley Foundation to provide a welcoming, active and appropriate environment for adults with special needs.

"I have so many friends here. Some of them I went to high school with at Central Bucks West. I come here for friends and people I can talk to, like Eric. We have cookies and popcorn, and do arts and crafts to make nice things for Christmas and Halloween." Holiday crafts are a popular Seekers activity.

-Rebecca Brown, longtime Seeker

"It's all part of our family atmosphere. Some Seekers have been here for years, even decades. We have true, authentic relationships. When we are together at the Y, it is their place and their time."

-Bill Smith, Seekers leader

RIGHT: Bill Smith, Seekers leader since 1974, peruses old Seeker photos at the Doylestown Branch.



Abilities Camp Testimonial:

"This is our first year with the YMCA Ability Summer Camp. Ability Camp has supported our kids since day one. They have an incredible staff who understand our kids' needs and strengths. Our boys are having a blast learning new activities and making new friends. They get to swim, play games, and go on field trips with the right support in place. They are ecstatic to go to camp and we are so happy to have the peace of mind that our kids are in great hands. The Ability program has provided stability and structure where other camps are lacking. We could not have dreamed of a better transition to summer. We are so grateful to the Ability Camp program!"

-Amy Auld, whose sons Logan and Wyatt attend YMCA Abilities Camp



ABOVE: Seekers gather for the annual Thanksgiving feast at the Teen Center of the Doylestown branch of the Y and share what they are thankful for.



ABOVE: YMCA Association and Regional Advisory Boards joined the YMCA Executive Leadership Team on April 21 for a bus tour outside the Doylestown branch to visit various membership and child care locations of YMCA of Bucks and Hunterdon Counties.

BELOW: (L-R) Association Vice Chief Volunteer Officer Nick Yelicanin, Association Chief Volunteer Officer Allen Childs, Central Region V.P. of Operations Danielle Cioffi and President/CEO Zane Moore buried the 50-year time capsule at the Doylestown branch of YMCA of Bucks and Hunterdon Counties at the conclusion of the board bus tour on April 21.



BOARD BUS TOUR

YMCA Buries Time Capsules to Mark An Era of Impact and Unification as Part of Board Bus Tour

YMCA of Bucks and Hunterdon Counties staff and volunteer leaders visited the Doylestown and Fairless Hills branches on Friday, April 21, 2023 to **ceremoniously bury time capsules** and lay markers. The ceremonies came as the Y celebrated its one year anniversary since cutting the ribbon to complete renovation and revitalization of the Fairless Hills branch during the pandemic. Both time capsules are registered with the International Time Capsule Society.

Contents of the time capsules include letters, photos, news clippings and other mementos representing the years 2018–2023, when YMCAs of Central, Lower and Upper Bucks County united as one YMCA of Bucks County, then Hunterdon County YMCA to become the Y of today.

Nearly **60 YMCA volunteer leaders from across the association** attended both ceremonies with the Y's executive leadership team as part of a board retreat in which two chartered buses visited four of the Y's membership branches and three child development centers in NJ and PA.

Since finalizing a merger with Hunterdon County YMCA in April, 2022, association and regional advisory board members, totaling 63 volunteers, represent Lower Bucks County in the Fairless Hills area, Central Bucks County in the Doylestown area, Upper Bucks County in the Quakertown area, and Hunterdon County, in the Clinton and Flemington area in NJ. Throughout the day, volunteers got to know each other in person for the first time, and observed first hand the depth and breadth of the Y's services and impact throughout all four regions of its service area.

CHILD LEARNING CENTER EXPANSION

During 2023, we invested in expanding much-needed early childhood education in Hunterdon County. The Round Valley branch closed the fitness center to expand the adjacent Child Learning Center on Highway 22 in Annandale, NJ. New construction **added three new classrooms** and **an indoor open playspace** for children and families to the center.



MEMBERSHIP EVENT

YMCA Celebrates our long-standing members of 10+ Years

This past October, the Y recognized long-standing members of the Doylestown branch and thanked them for **10+ years of membership**. Guests shared their personal 'Y' stories, learned about Cause membership, and heard from Kira Liples, who runs the Y's We All Wheel Pathway program. Many in attendance have been members for 30+ years!



ABOVE: PA State Representative Tim Brennan posing with Danielle Cioffi, Central Bucks region vice president of YMCA of Bucks and Hunterdon Counties. Tim has been a member for over 13 years.

The event was invitation-only and guests were treated to a light breakfast before a short presentation.

BELOW: Nearly 30 members attended the Doylestown 10+ year membership event, including Ephe and Bonnie Oliver, who have been members of the Y for over 45 years!



118,918

MEMBERS/PROGRAM PARTICIPANTS improved their health, learned a new skill and connected with others



4,464

CHILDREN AND ADULTS learned life-saving skills in aquatics programs



5,429

CAMPERS spent their days exploring, making friends and having fun at summer camp



1,026

KIDS strengthened their physical fitness and learned good sportsmanship in sport leagues



8,952

TEENS were physically active and benefited from programs that promote leadership, character development and community involvement



7,561

ACTIVE OLDER ADULTS stayed active, volunteered and enjoyed social activities

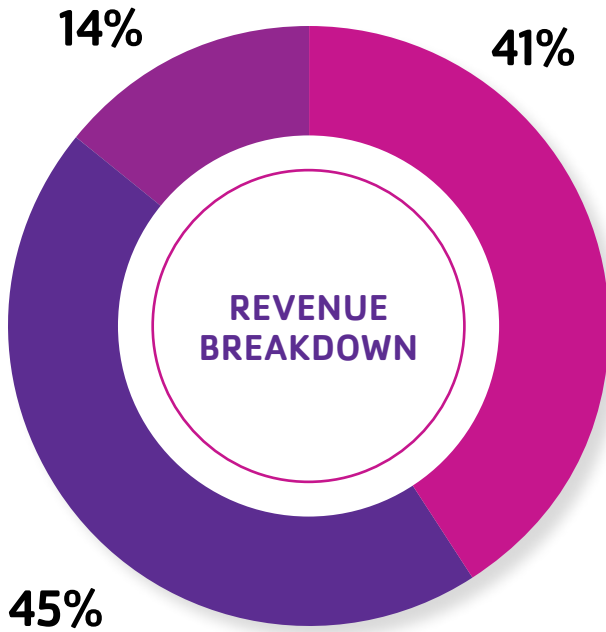


1,796

RECIPIENTS benefited from \$700,000 of financial assistance for programs and services



2023 FINANCIALS



- Membership/Programs
- Child Care/Camp
- Development/Other

Child Care/Camp	\$14,536,713
Aquatics/Sports/Fitness	\$4,504,097
Ability Programs	\$135,915
Contributed Support	\$3,361,971
Financial Assistance	-\$925,964
Membership Fees	\$8,793,645
Other	\$2,217,508
TOTAL REVENUE	\$32,623,886

Personnel and Benefits	\$19,368,646	62%
Program Supplies	\$1,024,756	3%
Occupancy/Depreciation	\$3,879,812	12%
Interest Expense	\$330,928	1%
Other	\$6,518,455	22%
TOTAL EXPENSES	\$31,122,597	

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YMCA of Bucks and Hunterdon Counties is a charitable, nonprofit organization committed to strengthening our communities through membership and programs that foster youth development, healthy living and social responsibility for all.

ymcabhc.org