



RIVER CROSSING YMCA

SPRING

PROGRAM GUIDE

Nazareth | Mar 1-Apr 30, 2025

Welcome to River Crossing YMCA's winter program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.

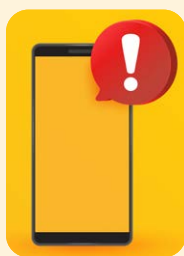
IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

PROGRAM REGISTRATION DATES

- **Family Members: Feb 19** (online, phone or in-person)
- **Member: Feb 21** (online, phone or in-person)
- **Non-member: Feb 24** (online, phone or in-person)

NOT A MEMBER? [Click here](#) to join today!



KNOW BEFORE YOU GO. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

Sign up for alerts: [Click here to sign up.](#)

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email Brittney for help.

MONTHLY DRAFTS

For our regular youth and adult sports and swim programs, arts and enrichment classes, **we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues.** Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family! [Click here to learn more.](#)

Financial Assistance

At the Y, we believe in making a positive impact on individuals and families in need. Financial assistance is available for membership, programs and child care through an application process. For full information and application details [click here or scan the QR code.](#)

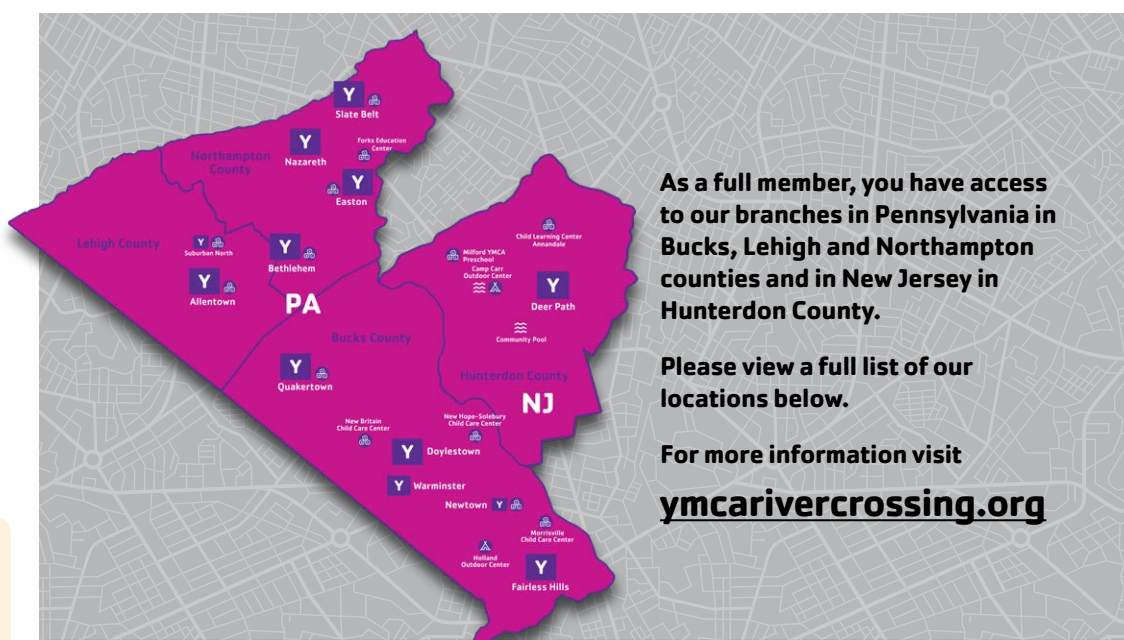


UPCOMING EVENTS AT THE Y! [Click here to learn more.](#)



FLYING LEPRECHAUN FUN RUN: March 8, 10-11 AM

Join us for a 1-mile race for kids up to age 12, held at Warminster Community Park. [Click here to register.](#)



As a full member, you have access to our branches in Pennsylvania in Bucks, Lehigh and Northampton counties and in New Jersey in Hunterdon County.

Please view a full list of our locations below.

For more information visit ymcarivercrossing.org

Allentown

425 South 15th Street
Allentown, PA 18102

[Click here](#) for hours and amenities

Bethlehem

430 East Broad Street
Bethlehem, PA 18018

[Click here](#) for hours and amenities

Deer Path

144 West Woodschurch Road
Flemington, NJ 08822

[Click here](#) for hours and amenities

Doylestown

2500 Lower State Road
Doylestown, PA 18901

[Click here](#) for hours and amenities

Easton/Phillipsburg

1225 West Lafayette Street
Easton, PA 18042

[Click here](#) for hours and amenities

Fairless Hills

601 South Oxford Valley Road
Fairless Hills, PA 19030

[Click here](#) for hours and amenities

Nazareth

33 South Main Street
Nazareth, PA 18064

[Click here](#) for hours and amenities

Newtown

190 South Sycamore Street
Newtown, PA 18940

[Click here](#) for hours and amenities

Quakertown

401 Fairview Avenue
Quakertown, PA 18951

[Click here](#) for hours and amenities

Slate Belt

315 West Pennsylvania Avenue
Pen Argyl, PA 18072

[Click here](#) for hours and amenities

Suburban North

880 Walnut Street
Catasauqua, PA 18032

[Click here](#) for hours and amenities

Warminster

624 York Road
Warminster, PA 18974

[Click here](#) for hours and amenities

COMING SOON!

SUMMER SHRED: Stronger. Fitter. Ready.

Are you READY? Summer Shred is a 6-week challenge with expert coaching, small group workouts, and nutrition guidance. Get stronger, fitter and more confident—don't wait!

Program runs April 14–May 22.



FITNESS

We offer state-of-the-art wellness centers and group exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious and well equipped with a variety of cardio, selectorized strength machines, free weight and functional training equipment.

FITNESS EQUIPMENT ORIENTATION

Fitness Equipment Orientations will acclimate you with the Wellness Center, teaching you how to use the equipment safely and effectively. [Click here to register.](#)



FITNESS CONSULTATIONS

Available free every 90 days, book an appointment with a fitness professional for guidance and support to help you reach your goals. [InBody Body Composition Scans](#) are available at select branches.

FITNESS TRAINING

Experienced trainers will design a program specific for you and help you create sustainable lifestyle changes to meet your health and wellness goals – no matter where you are in your journey. For questions, prices or to book a training package [click here](#) or scan the QR code.



GROUP EXERCISE

Group exercise classes are included free with membership. [Click here](#) for schedules and reservations.

OPEN at the Doylestown branch!

Sips and Berries serving delicious smoothies and other healthy treats!



GYMNASIUM

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Quakertown, Slate Belt and Suburban North. Our gymnasiums are available for open gym, basketball and pickleball. To view our gymnasium schedules [click here](#).

AQUATICS

Available at Bethlehem, Deer Path, Doylestown, Easton, Fairless Hills, Nazareth, Quakertown, Slate Belt and Warminster. [Click here to learn more.](#)

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown, Easton, Slate Belt) and aquatic group exercise classes. All aquatic exercise classes are available via a reservation system.

SWIM LESSONS

Swim instruction is available for all ages, including teens and adults, with options for private and semi-private lessons. Dive into our programs to enhance your swimming skills and confidence today! [Click here to learn more.](#)



DOYLESTOWN SKATEPARK: WINTER HOURS

Mon–Thurs 4:30–8 PM; Fri 4:30–9 PM
Sat & Sun 12–6 PM

Hours and availability are subject to change due to weather conditions.

[Click here for more information.](#)

METRO ESPORTS GAMING LOUNGE HOURS

Doylestown Lounge
Mon–Fri | 2:30–9 PM
Sat & Sun | 2–6 PM

Warminster Lounge
Mon, Wed, Fri | 3–7 PM
Tues, Thurs | 5–7 PM
Sat & Sun | 2–5 PM

Fairless Hills Lounge

Mon–Thurs | 3–7 PM
Fri | 3–8 PM; Sat & Sun | 2–5 PM



Teamwork • Leadership • Safety • Inclusion

[Click here for more information.](#)

STAY & PLAY

Child care while you work out! Make the most of your visit while we look after kids aged 3 months to 6th grade. This service is free to members with adult and family memberships, ensuring you can focus on your workout knowing your children are safe and supervised.

[Click here for more information.](#)



Scan or [click here](#) to view program registration information online

CHILD CARE and SCHOOL AGE CHILD CARE



REGISTRATION OPENS APRIL 1.

[Click here for Child Care](#)
[Click here for School Age Child Care](#)

Camp Carr RV Campground Annandale, NJ

Reservations are now open for the season! Secure your spot today for a getaway filled with relaxation and adventure. Open April 1–October 31.

[Click here to make your reservation.](#)

Don't miss out,
SUMMER CAMPS
are filling fast!
[Click here to register.](#)



Member Referral Program

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.

beCAUSE together we're touching lives

This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

SCAN THE QR CODE OR [CLICK HERE TO LEARN MORE!](#)



River Crossing YMCA is the nonprofit charity transforming millions of dollars into moments of impact. [Click here](#) to learn more.



FIND YOUR POTENTIAL. FIND YOUR Y.

For a better us.®

Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply online at ymcarivercrossing.org/hr or in person at the Welcome Center at one of our branches!

NEW! RIVER CROSSING YMCA PHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for "River Crossing YMCA"
3. Download to your phone
4. Use your personal information to create an account



Scan to download our app for Android users or [click here](#) to download.



Scan to download our app for iPhone users or [click here](#) to download.



METRO ESPORTS

SPRING 2025

Summer camps are now open for registration across all venues!



EVERY WEEK

FORTNITE FRIDAY

AT DOYLESTOWN

Every Friday, 4-6 PM at Metro Esports. Compete in modes like Box Fights and Zone Wars to win Metro Coins for gaming gear and merch. Rookie or pro, the competition is fierce!

Every Friday | 4:00 PM

SPORTS SHOWDOWN

AT FAIRLESS HILLS

Compete in NBA2K, Madden, EA FC, and College Football every Monday at Metro Esports! Join Sports Showdown, climb leaderboards, and outplay opponents for epic rewards. Pro or underdog, the challenge is real!

Every Monday | 4:00 PM

ESPORTS TEAM FORTNITE

DOYLESTOWN & FAIRLESS HILLS

Perfect for those looking to boost their skills and compete at a higher level. Participants will receive esports coaching, practice with teammates, and compete in the Y Esports League against other YMCA teams.

Whether you join with friends or sign up as a solo player, you will be placed in a team that suits your level and goals!

Grades 7 to 11

Saturdays at 10 AM

PARTY RENTALS

You can rent a Metro Esports facility for your own birthday party or event! Let your event host guide your party through unique challenges, competitions, and free play for the best birthday a gamer could have.

Visit metroesports.gg for more info

DOYLESTOWN

MON - FRI: 2:30 PM to 9:00 PM

SAT - SUN: 2:00 PM to 6:00 PM

BUILDING GAMES IN UNREAL ENGINE

An 8-week long course that provides the tools and guidance needed to turn imaginative ideas into playable realities. Students in grades 7 to 12 learn basic design concepts and get all the entry-level tools needed to start working in Unreal Engine.

April 5 to May 24 | Every Saturday at 12 PM

DAY OFF CAMP: ESPORTS AND SPORTS

A dynamic blend of virtual and active play. A day filled with skill-building, teamwork, and fun in a balanced mix of screen time and physical activity.

Thursday, April 17 | 8 AM to 5 PM

DAY OFF CAMP: BUILDING GAMES IN FORTNITE

A day off from school featuring a foundational course for building games in Fortnite. Learn to take creativity and apply STEM-based concepts to your favorite game!

Tuesday, May 5 | 8 AM to 5 PM

SENSORY-FRIENDLY GAME NIGHT

An evening of gaming designed specifically for ability students, where everyone can play sensory-friendly casual games in a safe and welcoming space!

Sunday, March 16 | 12:00 PM

WARMINSTER

MON / WED / FRI: 3:00 PM to 7:00 PM

TUE / THU: 5:00 PM to 7:00 PM

SAT / SUN: 2:00 PM to 5:00 PM

ROBLOX AND CODE

Students explore Roblox and Roblox Studio, engaging creativity to learn the basics of programming and design.

February 1 to Mar 22 | Every Saturday at 12 PM

GAME ON! INTRO TO GAMING FOR ACTIVE OLDER ADULTS

Discover the fun and excitement of video games! Designed specifically for active older adults, you can learn step-by-step instructions on how to play and enjoy gaming.

Thursday, March 20 | 10:00 AM

FAIRLESS HILLS

MON - THU: 3:00 PM to 7:00 PM

FRI: 3:00 PM to 8:00 PM

SAT - SUN: 2:00 PM to 5:00 PM

ATHLETEARCADE

Bring your athlete mentality everywhere! Train on the court and dominate digitally in NBA2K, EA FC, and more. From drills to esports tactics, build skills, outplay opponents, and prove you're the ultimate competitor!

Thursdays at 6:40 PM

DAY OFF CAMP: MINECRAFT AND CODE

Learn programming and game design skills directly in Minecraft! Students learn the fundamentals of JavaScript and complete STEM-based projects while creating their own exciting worlds.

Monday, March 31 | 8:00 AM - 5:00 PM

PRIVATE SWIM LESSONS

Questions? Contact Vanessa Rex
at vrex@ymcarivercrossing.org

Private Swim Lessons		Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Private Swim Lessons	(4) 30-minute lessons	3 yrs+			\$141	\$233	Nazareth Pool
<i>1:1 Ratio Student / Instructor</i>	(8) 30-minute lessons	3 yrs+			\$277	\$457	Nazareth Pool
Semi-Private Swim Lessons	(4) 30-minute lessons	3 yrs+		<i>Pricing is per person</i>	\$97	\$160	Nazareth Pool
<i>2:1 Ratio Student / Instructor</i>	(8) 30-minute lessons	3 yrs+		<i>Pricing is per person</i>	\$191	\$315	Nazareth Pool

GROUP SWIM LESSONS

Questions? Contact Vanessa Rex
at vrex@ymcarivercrossing.org

Please select your child's level based on their age and ability. Contact our aquatics team to set up an appointment for a free evaluation or:

[View our Swim Lesson selector here](#)

Parent & Child Swim Lessons		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
A / Water Discovery	Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.	6-18 mos	Sun	9:40-10:20 AM	\$62	\$102	<i>All lessons are located in the Nazareth Pool</i>
B / Water Exploration	Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.	19 mos-4 yrs	Tue	5-5:40 PM	\$62	\$102	

Preschool Swim Lessons		Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
1 / Water Acclimation	Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-5 yrs	Tue	5-5:40 PM	\$62	\$102	<i>All lessons are located in the Nazareth Pool</i>
		3-5 yrs	Wed	5-5:40 PM	\$62	\$102	
		3-5 yrs	Sun	9:40-10:20 AM	\$62	\$102	
2 / Water Movement	Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.	3-5 yrs	Tue	5-5:40 PM	\$62	\$102	
		3-5 yrs	Wed	5:40-6:20 PM	\$62	\$102	

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	Tue	5:40-6:20 PM	\$62	\$102
3-5 yrs	Wed	6:20-7 PM	\$62	\$102
3-5 yrs	Sun	10:20-11:00 AM	\$62	\$102

School Age Swim Lessons

1 / Water Acclimation

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

6-12 yrs	Tue	6:20-7 PM	\$62	\$102
6-12 yrs	Wed	5:40-6:20 PM	\$62	\$102

All lessons are located in the Nazareth Pool

2 / Water Movement

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	Tue	6:20-7 PM	\$62	\$102
6-12 yrs	Wed	6:20-7 PM	\$62	\$102

3 / Water Stamina

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	Wed	6:20-7 PM	\$62	\$102
6-12 yrs	Sun	10:20-11 AM	\$62	\$102

4 / Stroke Introduction

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	Sun	10:20-11 AM	\$62	\$102
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5 / Stroke Development

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	Sun	11-11:40 AM	\$62	\$102
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Adult Swim Lessons

Adult Swim Lessons

Students learn personal water safety and achieve basic swimming competency by learning benchmark skills.

Adult - 1-3 / Swim Basics

18 yrs+	Sun	9-9:40 AM	\$62	\$102
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All lessons are located in the Bethlehem Pool

FAMILY & COMMUNITY

All Branches | Spring

AMERICAN RED CROSS CLASSES

Contact Anahita Mir at amir@ymcarivercrossing.org

Please visit website for full details on all American Red Cross Classes.

Lifeguarding Training (with deep water) with Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		15 yrs+ for all branch locations	\$340	\$390	Listed below
Bethlehem					
April	Sat Apr 26 (10 AM-7 PM) - Sun Apr 27 (10 AM-6:30 PM) - Fri May 2 (5 PM-9 PM)				CE Room
May	Fri May 23 (5-9:00 PM) - Sat May 24 (8 AM-6 PM) - Sun May 25 (9 AM-4:30 PM)				CE Room
Deer Path					
March	Sat Mar 1 (9 AM-5 PM) - Sun Mar 2 (9 AM-5 PM) - Sun Mar 9 (9 AM-5 PM)				Pool Deck
April	Sat Apr 5 (9 AM-5 PM) - Sun Apr 6 (9 AM-5 PM) - Sun Apr 13 (9 AM-5 PM)				Pool Deck
May	Sat May 17 (9 AM-5 PM) - Sun May 18 (9 AM-5 PM) - Sat May 24 (9 AM-5 PM)				Pool Deck
Doylestown					
March	Fri Mar 28 (4-9 PM) - Sat Mar 29 (9 AM-6 PM) - Sun Mar 30 (9 AM-6 PM)				Lobby at WC
May	Fri May 2 (4-9 PM) - Sat May 3 (9 AM-6 PM) - Sun May 4 (9 AM-6 PM)				Lobby at WC
May	Fri May 30 (4-9 PM) - Sat May 31 (9 AM-6 PM) - Sun Jun 1 (9 AM-6 PM)				Lobby at WC
Fairless Hills					
April	Fri Apr 25 (5-8 PM) - Sat Apr 26 (8 AM-5:30 PM) - Sat May 3 (8 AM-5:30 PM)				Lobby at WC
Quakertown					
April	Fri Apr 4 (4-9 PM) - Sat Apr 5 (9 AM-6 PM) - Sun Apr 6 (9 AM-6 PM)				Lobby at WC
May	Fri May 23 (4-9 PM) - Sat May 24 (9 AM-6 PM) - Sun May 25 (9 AM-6 PM)				Lobby at WC
Slate Belt					
March	Fri Mar 28 (5-9 PM) - Sat Mar 29 (10 AM-7 PM) - Sun Mar 30 (10 AM-6:30 PM)				Lobby at WC

Lifeguarding Recertification Training with Administering Emergency Oxygen

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
		15 yrs+ for all branch locations			\$175	\$195	Listed below
Deer Path	March 29		Sat	9 AM-6 PM			Pool Deck
	April 6		Sun	9 AM-6 PM			Pool Deck
	May 17		Sat	9 AM-6 PM			Pool Deck

Doylestown	March 22	Sat	9 AM-6 PM	Lobby at WC
	May 10	Sat	9 AM-6 PM	Lobby at WC
Fairless Hills	March 22	Sat	9 AM-6 PM	Lobby at WC
Quakertown	April 13	Sat	9 AM-6 PM	Lobby at WC
	April 26	Sat	9 AM-6 PM	Lobby at WC
	May 4	Sat	9 AM-6 PM	Lobby at WC
Bethlehem	May 18	Sun	10 AM-7:30 PM	Looby at WC

Lifeguarding Instructor Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Attendance at all class dates is required to complete certification		17 yrs+ for all branch locations					
Doylestown	April	Fri Apr 11 (4 PM-9 PM) - Sat Apr 12 (9 AM-6 PM) - Sun Apr 13 (9 AM-6 PM)			\$415	\$475	Gene Smith Conf Room

Lifeguarding Instructor Recertification Training (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Doylestown	March 15	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room
	April 19	17 yrs+	Sat	9 AM-6 PM	\$170	\$200	Gene Smith Conf Room

CPR/AED for Professional Rescuers with First Aid and Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
<i>Class times will be posted as they become available</i>							

Basic Life Support/ BLS (Blended Full Course)

Branch	Class Dates	Age	Day	Class Time	Member FLAT FEE	Non-member FLAT FEE	Location
Fairless Hills	March 9	15 yrs+	Sun	12:30 PM-3 PM	\$65	\$95	Studio 2

ARC Adult and Pediatric First Aid/CPR/AED with Administering Emergency Oxygen (Blended Full Course)

Branch	Class Dates	Age	Member FLAT FEE	Non-member FLAT FEE	Location
Bethlehem	15 yrs+ for all classes		\$115	\$140	Teen Center/ SEFA ROOM
Wed Apr 2 (10:30 AM-1:30 PM)	Fri May 16 (5 PM-8 PM)				
Sat Apr 26 (10:30 AM-1:30 PM)					

Deer Path	15 yrs+ for all classes	\$115	\$140	CE Room
Sat Mar 1 (12 PM-3 PM)	Sat May 3 (11 AM-2 PM)			
Doylestown	15 yrs+ for all classes	\$115	\$140	Teen Center
Sat Mar 8 (11:30 AM-2:30 PM)	Tue Apr 22 (5:15 PM-8:15 PM)			
Tue Mar 11 (5:15 PM-8:15 PM)	Tue Apr 29 (5:15 PM-8:15 PM)			
Tue Mar 18 (5:15 PM-8:15 PM)	Sun May 4 (11 AM- 2 PM)			
Tue Mar 25 (5:15 PM-8:15 PM)	Tue May 6 (5:15 PM-8:15 PM)			
Tue Apr 8 (5:15 PM-8:15 PM)	Tue May 27 (5:15 PM-8:15 PM)			
Tue Apr 15 (5:15 PM-8:15 PM)				
Easton	15 yrs+ for all classes	\$115	\$140	SEFA Room
Tue Mar 11 (10:30 AM-1:30 PM)	Mon May 5 (10:30 AM-1:30 PM)			
Sat Mar 29 (10:30 AM-1:30 PM)	Sat May 24 (10:30 AM-1:30 PM)			
Fri Apr 18 (5 PM-8 PM)				
Fairless Hills	15 yrs+ for all classes	\$115	\$140	Studio 2
Fri Mar 7 (5 PM-8 PM)	Fri Apr 11 (5 PM-8 PM)			
Sun Mar 9 (9 AM-12 PM)	Sun Apr 27 (12 PM-3 PM)			
Fri Mar 28 (5 PM-8 PM)	Fri May 9 (5 PM-8 PM)			
Nazareth	15 yrs+ for all classes	\$115	\$140	Saty & Play
Fri Mar 21 (10:30 AM-2:30 PM)				
Round Valley	15 yrs+ for all classes	\$115	\$140	CE Room
Tue Mar 11 (5 PM-8 PM)	Wed Apr 30 (5:30 PM-8:30 PM)			
Mon Mar 31 (5:30 PM-8:30 PM)	Mon May 12 (5:15 PM-8:15 PM)			
Mon Apr 7 (5:30 PM-8:30 PM)	Thur May 29 (5:30 PM-8:30 PM)			
Tue Apr 15 (5:15 PM-8:15 PM)				
Quakertown	15 yrs+ for all classes	\$115	\$140	Upstairs/CC Room
Sun Mar 2 (10 AM-12:30 PM)	Sun Apr 13 (10 AM-12:30 PM)			
Wed Mar 12 (6:30 PM-9:30 PM)	Sun May 4 (10 AM-12:30 PM)			
Wed Apr 9 (6:30-9:30 PM)	Wed May 7 (6:30-9:30 PM)			

ARTS & HUMANITIES

Questions? Contact Diana Pond
at diana.pond@ymcarivercrossing.org

Dance	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
<p>Rising Stars</p> <p>Tailored for little ones to teach early dance skills such as balance and rhythm. Develops cognitive, social and performance skills. Instruments & props interactive class.</p>	2-4 yrs	Fri	4:40-5:20 PM	\$41	\$67	Keck Studio
<p>Shooting Star Dancers</p> <p>Fundamental ballet skills such as positions, plies and turns. This class is a combination of modern and lyrical dance styles. Tailored for young passionate dancers, who enjoy creative movement. Develops strength, balance, coordination and performance skills.</p>	5-9 yrs	Fri	5:20-6:05 PM	\$41	\$67	Keck Studio
<p>Hip-Hop Fusion</p> <p>Hip-Hop, Reggaeton and Reggae all influence the culture of Hip-Hop. In this class students learn dance moves and dance to music with a groove. Develops balance, coordination and rhythm.</p>	5-12 yrs	Fri	6:10-6:55 PM	\$41	\$67	Keck Studio
<p>SuperStars</p> <p>Fundamental ballet skills such as positions, plies and turns for older passionate dancers, who enjoy creative movement expression. Develops strength, balance, coordination and performance and choreography skills.</p>	10-15 yrs	Fri	8-8:45 PM	\$41	\$67	Keck Studio
Theatre	Age	Day	Time	Member MONTHLY	Non-member MONTHLY	Location
<p>Theatre</p> <p>"All that Drama" can be expressed in this class. Tailored to develop acting skills, stage presence and diction. Class begins with vocal warmups and various exercises. Improv techniques, blocking and stage presence. Participants are given scripts to learn lines for a performance of a "mini play/skit."</p>	8-15 yrs	Fri	7-8 PM	\$41	\$67	Keck Studio

FAMILY & COMMUNITY

Nazareth | Spring

FAMILY & YOUTH

Questions? Contact Vanessa Pearce
at vpearce@ymcarivercrossing.org

Family Events	Age	Date	Time	Member FLAT FEE	Non-member FLAT FEE	Location
<i>Join us for Fun Family Friday! Each Friday one of our branches will host a free activity for our family memberships. Only one member of the family needs to register.</i>						
Leprechaun Lure - Create & decorate a trap to catch a Leprechaun	All Ages	Fri 3/7	5:30-7 PM	\$0	n/a	
Easter Egg Hunt - Easter egg hunt & Potluck at the Nazareth Borough Park	All Ages	Fri 4/18	11 AM-12 PM	\$0	n/a	
Game Night - Board Game night	All Ages	Fri 5/16	5:30-7 PM	\$0	n/a	

Parent's Night Out	Age	Day	Time	Member FLAT FEE	Non-member FLAT FEE	Location
Parent's Night Out (PNO)	5-12 yrs	Fri	5:30-9 PM	<i>Pricing listed below</i>		Stay & Play
Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. (Member rate available to children with a youth or family membership)						
	(1) child			\$31	\$51	
	(2) children <i>(requires phone / in-person registration)</i>			\$43	\$71	
	(3) children <i>(requires phone / in-person registration)</i>			\$51	\$84	
Spring 2025 - Fri 3/14, Fri 3/28 - Fri 4/11, Fri 4/25 - Fri 5/9, Fri 5/23	<i>Each additional child</i>			\$8	\$13	

STAY & PLAY

Questions? Contact Vanessa Pearce
at vpearce@ymcarivercrossing.org

Member Use - Open Hours

[Visit our branch website for more detailed information](#)

Children 8 weeks through 12 years can play and have fun in Stay & Play while you workout or utilize the facility. Stay & Play is provided free of charge for up to two hours per day to Adult, Adult Couple, Family 1 and Family 2 membership type categories.

3 mos-12 yrs Mon-Thu 8:30-11:30 AM Fri 8:30-11:30 AM
 Mon-Thu 4-7:30 PM Sat 8:30 AM-12:30 PM

Sitter Service	Member FLAT FEE	Non-member FLAT FEE	Purchase Options	Member FLAT FEE	Non-member FLAT FEE	Location
Member Use during Open Hours			90 minutes			Stay & Play
For ages 3 months through 12 years - Offered during Stay & Play hours to those who need to leave the Y campus for errands, appointments, shopping, etc. Registration required prior to drop-off.						
	\$18	\$29	(1) Child	\$29	\$47	
	\$23	\$38	(2) Children	\$34	\$56	
	\$28	\$47	(3) Children	\$39	\$65	
	\$5	\$9	<i>each additional child</i>	\$5	\$9	

PERSONAL TRAINING

Questions? Contact Chloe Ghirardi at cghirardi@ymcarivercrossing.org

Personal Training Club

Personal Training Club (12 yrs+)

Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additional need to register each month.

There is a three month minimum commitment in order to receive the discounted pricing.

		Member MONTHLY	Non-member MONTHLY
30 minutes	Package Options		
	(4) per Month / 1x per Week	\$99	n/a
	(8) per Month / 2x per Week	\$198	n/a
45 minutes	(12) per Month / 3x per Week	\$298	n/a
	(4) per Month / 1x per Week	\$144	n/a
	(8) per Month / 2x per Week	\$289	n/a
60 minutes	(12) per Month / 3x per Week	\$433	n/a
	(4) per Month / 1x per Week	\$190	n/a
	(8) per Month / 2x per Week	\$379	n/a
	(12) per Month / 3x per Week	\$569	n/a

Personal Training

Personal Training Packages (12 yrs+)

One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.

		Member FLAT FEE	Non-member FLAT FEE
30 minutes	Package Options		
	(5) Sessions	\$143	\$236
45 minutes	(10) Sessions	\$265	\$437
	(5) Sessions	\$204	\$337
60 minutes	(10) Sessions	\$384	\$633
	(5) Sessions	\$265	\$437
	(10) Sessions	\$505	\$833

First Time Client Promotion

Special pricing for first time personal training clients. Three 45-minute introductory sessions. All sessions must be used within 60 days of purchase.

45 minutes	(3) Sessions	\$90	N/A
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Partner Training

Partner Training Packages (12 yrs+)

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

		Member FLAT FEE	Non-member FLAT FEE
45 minutes	Package Options	<i>Pricing is per person</i>	
	(5) Sessions	\$127	\$209
	(10) Sessions	\$221	\$364

Partner Training Packages (12 yrs+)

60 minutes

(5) Sessions
 (10) Sessions

\$165	\$273
\$294	\$485

Team Training

Member FLAT FEE	Non-member FLAT FEE
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Team Training Packages (12 yrs+)

There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!

3 People

Pricing is per person

45 minutes

Package Options

(5) Sessions
 (10) Sessions

Pricing is per person

\$66	\$109
\$116	\$191

60 minutes

(5) Sessions
 (10) Sessions

\$83	\$136
\$149	\$246

4 People

Pricing is per person

45 minutes

(5) Sessions
 (10) Sessions

\$55	\$91
\$94	\$155

60 minutes

(5) Sessions
 (10) Sessions

\$74	\$121
\$132	\$218

5 People

Pricing is per person

45 minutes

(5) Sessions
 (10) Sessions

\$46	\$76
\$78	\$128

60 minutes

(5) Sessions
 (10) Sessions

\$66	\$109
\$116	\$191