

# RIVER CROSSING YMCA | DEER PATH BRANCH

## GYM SCHEDULE

### October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	KEY
Open Gym Open-9:30 AM	Open Gym Open-10:30 AM	Open Gym Open-9:30 AM	Open Gym Open-10:30 AM	Open Gym Open-10:30 AM	Open Gym Open-8:00 AM	Open Gym Open-9:00 AM	<b>FREE MEMBER BENEFIT</b>
Bubbles Bounce and Gym 9:30AM-10:30AM		Jump, Run, Tumble Fun 9:30AM-10: 30AM			Martial Arts 8:00AM-2:30PM	Ninja Warrior 9:00AM-12:00PM	
Group Fitness Class 10:30AM-11:30AM	Pickleball 11:00AM-2:00PM	Pickleball Lessons/Pickleball 11:00AM-2:00PM	Pickleball 11:00AM-2:00PM	Pickleball 11:00AM-2:00PM	Open Gym 12:15- Close		<b>PARENT CHILD (MONTHLY FEE)</b>
							<b>YOUTH SPORTS (MONTHLY FEE)</b>
Open Gym 11: 00AM-6:00PM	Open Gym 2:15PM-4:30PM	Open Gym 2:15-3: 30PM	Open Gym 2:15PM-4:45PM	Open Gym 2:15PM-Close			<b>YOUNG ADULT CLASSES (Free for Members)</b>
						Open Gym 3:00PM- Close	<b>ADULT LEAGUES (MONTHLY FEE)</b>
Swim Team 3:30-4: 00PM 6:30-7:00PM	Youth Basketball 5: 00-6:30PM	Swim Team 3:30-4: 00PM 5:30-6:00PM 6:30-7:00PM	Swim Team 4:45-5: 15PM 5:30-6:00PM	Swim Team 4:45- 5:15PM			<b>Swim Team (1/2 Gym Open)</b>
Martial Arts 7:00PM- 8:30PM	Pickup Adult Futsal (Half Gym) 6:30PM- 8:00 PM	Open Gym 7:00PM- Close	Open Gym 6:00PM- Close	Open Gym 5:30PM- 9:00PM			
				<b>Fun Family Friday (Events Listed Online)</b>			