

SLATE BELT POOL SCHEDULE

OCTOBER

Monday		
Time	Program	Lanes
6:30 AM-1 PM	Lap Swim	L 4-6
6:30 AM - 1 PM	PWW	L 1-2
1-3 PM	Pool Closed	All Lanes
3-4:45 PM	Open Swim	L 1-2
4:45-5:15 PM	Lap Swim	L 4-6
4:45-5:15 PM	Deep Water Aerobics	L 1-3
5:30-6:15 PM	AquaFit	L 1-3
6:15-7:30 PM	Lap Swim	L 4-6
6:15-7:30 PM	Open Swim	L 1-2

Tuesday		
Time	Program	Lanes
6:30-8:15 AM	Lap Swim	L 3-6
6:30-8:15 AM	PWW	L 1-2
8:15-9 AM	Lap Swim	L 4-6
8:15-9 AM	AOA Aquafit	L 1-3
9 AM-7:30 PM	Lap Swim	L 3-6
9 AM-7:30 PM	Open Swim	L 1-2

Wednesday		
Time	Program	Lanes
6:30-8:15 AM	Lap Swim	L 3-6
6:30-8:15 AM	PWW	L 1-2
8:15-9 AM	Lap Swim	L 4-6
8:15-9 AM	AOA Aquafit	L 1-3
9 AM-4:45 PM	Lap Swim	L 3-6
9 AM-4:45 PM	Open Swim	L 1-2
4:45-5:15 PM	Deep Water Aerobics	L 4-6
4:45-5:30 PM	Swim Lessons	L 1-3
5:30-7:30 PM	Closed for Programs	All Lanes

Thursday		
Time	Program	Lanes
6:30 AM-12 PM	Lap Swim	L 3-6
6:30-10 AM	PWW	L 1-2
6:30-12 PM	Open Swim	L 1-2
12-12:45 PM	Lap Swim	L 4-6
12-12:45 PM	AOA Step	L 1-3
12-5 PM	Lap Swim	L 3-6
12-5 PM	Open Swim	L 1-2
12-5 PM	Lap Swim	L 4-6
5-5:45 PM	Swim Lessons	L 1-3
5:45-6:30 PM	Closed for Programs	All Lanes
6:30-7:30 pm	Lap Swim	L 1-3
6:30-7:30 pm	Swim Lessons	L 4-6

Friday		
Time	Program	Lanes
6:30-10:30 AM	Lap Swim	L 3-6
6:30-10:30 AM	PWW	L 1-2
10:30-11:15 AM	Lap Swim	L 4-6
10:30-11:15 AM	AOA Aqua Step	L 3-6
11:15 AM-1 PM	Lap Swim	L 3-6
11:15 AM-1 PM	Open Swim	L 1-2
1 PM-3 PM	Pool Closed	All Lanes
3-7:30 PM	Lap Swim	L 3-6
3-7:30 PM	Open Swim	L 1-2

Saturday		
Time	Program	Lanes
9-10 AM	Lap Swim	L 3-6
9-10 AM	PWW	L 1-2
9-9:45 AM	Aqua Step 10/5, 10/26	L 1-3
10-11 AM	Pool Rental	L 1-3
10 AM-3:30 PM	Lap Swim	L 4-6
11 AM-1 PM	Open Swim	L 1-3
1-2 PM	Pool Rental	L 1-3
2-3 PM	Open Swim	L 1-3

Sunday		
Time	Program	Lanes
10:30-11:30 AM	Lap Swim	L 3-6
10:30-11:30 AM	Open Swim	L 1-2
11:30 AM-12:15 PM	Lap Swim	L 3-6
11:30 AM-12:15 PM	Aqua Step 10/20	L 1-3
12:15 PM-1:45 PM	Lap Swim	L 3-6
12:15 PM-1:45 PM	Open Swim	L 1-2

Key		
Lap Swim: Generally reserved for children 12+ using the lane productively		
Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness		
OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.		

Pool Rentals		
Date	Time	Lanes
October 12	1-3 PM	L 1-2
October 26	1-3 PM	L 1-2

Lanes will be closed to members during the above times due to scheduled pool rentals.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

We apologize for the scheduled pool closures and encourage members to find an alternative time to use our pool. We are working to secure additional staffing and hope to be able to eliminate the scheduled pool closures in the future. Thank you for your patience!

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org