

WARMINSTER POOL SCHEDULE

OCTOBER

Monday		
Time	Program	Lanes
7-9:15 AM	Open Swim	All Areas
9:15-10 AM	Silver Sneakers Splash	All Areas
10 AM-6:45 PM	Private Swim Lessons	L 1
10 AM-6:45 PM	Open Swim	Shallow End; L 2-3
6:45-7:30 PM	Aqua-Cise	L 1-3
6:45-7:30 PM	Private Swim Lessons	Shallow End
7:30-7:45 PM	Open Swim	All Areas

Tuesday		
Time	Program	Lanes
7-9:15 AM	Open Swim	All Areas
9:15-10 AM	Silver Sneakers Splash	All Areas
10 AM-4 PM	Private Swim Lessons	L 1
10 AM-4 PM	Open Swim	All Areas
4-7:15 PM	Pool Closed for Programs	All Areas
7:15-7:45 PM	Private Swim Lessons	L 1
7:15-7:45 PM	Open Swim	Shallow End; L 2-3

Wednesday		
Time	Program	Lanes
7-8:30 AM	Open Swim	All Areas
8:30-9:15 AM	Aqua Fit	All Areas
9:30-10:15 AM	Aqua Stretch	All Areas
10 AM-5:45 PM	Private Swim Lessons	L 1
10 AM-5:45 PM	Open Swim	Shallow End; L 2-3
5:45-7:30 PM	Private Swim Lessons	Shallow End
5:45-6:30 PM	Aqua-Cise	L 1-3
6:45-7:30 PM	Aqua Ai Chi	L 1-3
7:30-7:45 PM	Open Swim	All Areas

Thursday		
Time	Program	Lanes
7-9:30 AM	Open Swim	All Areas
9:30-10:15 AM	Aqua Tabata	All Areas
10:15 AM-4 PM	Private Swim Lessons	L 1
10:15 AM-4 PM	Open Swim	All Areas
4-7:15 PM	Pool Closed for Programs	All Areas
7:15-7:45 PM	Private Swim Lessons	L 1
7:15-7:45 PM	Open Swim	Shallow End; L 2-3

Friday		
Time	Program	Lanes
7-8:15 AM	Open Swim	All Areas
8:15-9:00 AM	Aqua Aerobics	All Areas
9:30-10:15 AM	Aqua Ai Chi	All Areas
10 AM-6:45 PM	Private Swim Lessons	L 1
10 AM-5 PM	Open Swim	Shallow End; L 2-3
5 PM-6:45 PM	Family Swim	Shallow End; L 2-3

Saturday		
Time	Program	Lanes
7-8:45 AM	Open Swim	All Areas
9 AM-12 PM	Pool Closed for Programs	All Areas
12-2 PM	Private Swim Lessons	L 1
12-2 PM	Open Swim	Shallow End; L 2-3
2-4:30 PM	Family Swim	All Areas

Sunday		
Time	Program	Lanes
7 AM-1 PM	Open Swim	Shallow End; L 2-3
7 AM- 5 PM	Private Swim Lessons	L 1
1-4 PM	Family Swim	Shallow End; L 2-3
4-4:30 PM	Open Swim	Shallow End; L 2-3

Key		
Lap Swim: Generally reserved for children 12+ using the lane productively		
OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.		
Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.		

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org