QUAKERTOWN REC POOL SCHEDULE

DECEMBER 12/1-12/22

Monday		
Time	Program	
5-10 AM	PWW	
10 AM-12 PM	Open Swim	
12-5 PM	PWW	
5-7:30 PM	Family Swim	

Tuesday			
Program			
PWW			
Swim Lessons			
PWW			
Open Swim			

Wednesday			
Time	Program		
5 AM-6 PM	PWW		
6 PM-7:15 PM	Swim Lessons		

Thursday		
Time	Program	
5-9:30 AM	PWW	
9:30-11:30 AM	Swim Lessons	
11:30 AM-5 PM	PWW	
5-7:30 PM	Open Swim	
7:30-8:00 PM	Swim Lessons	

Friday		
Time	Program	
5-10 AM	PWW	
10 AM-12 PM	Open Swim	
12-5 PM	PWW	
5-7:30 PM	Family Swim	

Saturday		
Program		
PWW		
Swim Lessons		
Family Swim		

Sunday		
Time	Program	
7-11 AM	PWW	
11 AM-1:30 PM	Open Swim	
1:30-4:30 PM	Family Swim	

Key	
Lap Swim: Generally reserved for swimmers	12+
using the lane productively	

Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness

OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Swim Meet			
Date	Time	Lanes	
December 7	1-5 PM	Whole Pool	
December 13	2:30-5 PM	Whole Pool	
The pool will be closed to members during the above times due to a swim meet.			

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org