## **SLATE BELT POOL SCHEDULE**

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	Mandan	
	Monday	
Time	Program	Lanes
6:30 AM-1PM	Lap Swim	L 1-4
6:30 AM - 8:15 PM	PWW/Open Swim	L 5-6
8:15 AM - 1 PM	Open Swim	L 5-6
1-3 PM	POOL CLOSED	
3-4:45 PM	Open Swim	L 5-6
3-7:30PM	Lap Swim	L 1-4
4:45-5:15 PM	Deep Water Aerobics	L 5-6
5:30-6:15 PM	Aquacise	L 5-6
6:15-7:30 PM	Open Swim	L 5-6

Wednesday				
Time	Program	Lanes		
6:30-8:15 AM	Lap Swim	L 1-4		
6:30-8:15 AM	PWW/Open Swim	L 5-6		
8:15-9 AM	Lap Swim	L 1-3		
8:15-9 AM	Aquacise	L 4-6		
9:15-10 AM	Aquacise	L 4-6		
10 AM-4:45 PM	Lap Swim	L 1-3		
10 AM-4:45PM	Open Swim	L 4-6		
4:45-5:30 PM	Deep Water Aerobics	L 4-6		
4:45-5:30 PM	Swim Lessons	L 1-3		
5:30-7:30 PM	Closed for Programs	All Lanes		

Friday				
Time	Program	Lanes		
6:30-10:30 AM	Lap Swim	L 1-4		
6:30-10:30 AM	PWW/Open Swim	L 5-6		
10:30 AM-11:15 PM	AOA Aqua Size	L 4-6		
11:15 AM-7:30PM	Lap Swim	L 1-4		
11:15 AM-7:30PM	Open Swim	L 5-6		

Sunday				
Time	Program	Lanes		
10:30-11:30 AM	Lap Swim	L 1-4		
10:30-11:30 AM	PWW/Open Swim	L 5-6		
11:30 AM-12:15 PM	Lap Swim	L 1-3		
11:30 AM-12:15 PM	Aqua Step 12/1, 12/15	L 4-6		
12:15 PM-1:45 PM	Lap Swim	L 1-4		
12:15 PM-1:45 PM	Open Swim	L 5-6		

POOL OR LANE CLOSURES					
Date	Time	Lanes			
Dec 3rd - LG Training	6:30-7:30 PM	All Lanes			
Pool will be closed to members during the above times due to scheduled pool rentals.					

**IMPORTANT NOTE:** While we try to adhere to this schedule, it may change due to unexpected  $\ensuremath{\textbf{circumstances.}}$  If programs are not running, such as swim team or private lessons, those lanes will be available for lap

Tuesday				
Time	Program	Lanes		
6:30-8:15 AM	Lap Swim	L 1-4		
6:30-8:15 AM	PWW/Open Swim	L 5-6		
8:15-10 AM	Lap Swim	L 1-3		
8:15- 9 AM	Aquacise	L 4-6		
9:15 -10 AM	Aquacise	L 4-6		
9 AM-7:30 PM	Lap Swim	L 1-4		
9 AM-7:30 PM	Open Swim	L 5-6		

Thursday				
Time	Program	Lanes		
6:30 AM-12 PM	Lap Swim	L 1-3		
6:30-10 AM	PWW/Open Swim	L 4-6		
6:30-12 PM	Open Swim	L 5-6		
12-12:45 PM	Lap Swim	L 1-4		
12-5:45 PM	Open Swim	L 5-6		
5:45-7 PM	Lap Swim	L 2-4		
5:45-7 PM	Swim Lessons	L 1, 5-6		
7-7:30 PM	Open Swim	All Lanes		

Saturday				
Time	Program	Lanes		
9-10 AM	Lap Swim	L 1-3		
9-10 AM	PWW/Open Swim	L 5-6		
9-9:45 AM	Aqua Step 12/21	L 4-6		
10 AM-3 PM	Lap Swim	L 1-4		
10 AM-3 PM	PWW/Open Swim	L 5-6		

9-10 AM	Lap Swim	L 1-3
9-10 AM	PWW/Open Swim	L 5-6
9-9:45 AM	Aqua Step 12/21	L 4-6
10 AM-3 PM	Lap Swim	L 1-4
10 AM-3 PM	PWW/Open Swim	L 5-6

Lap Swim: Generally productively	reserved f	for swim	nmers	12+ using	the lane

Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness

**Open Swim:** Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

We apologize for the scheduled pool closures and encourage members to find an alernative time to use our pool. We are working to secure additional staffing and hope to be able to eliminate the scheduled pool closures in the future. Thank you for your patience!

HOLIDAY INFORMATION: There will be NO swim lessons from December 23 - January 1. Any time the pool is "Closed for Programs" that week, we will be open for "Open Swim" instead. Additionally, we will have altered hours on the following dats: Christmas Eve - 6:30 AM-12:30 PM, Christmas Day - CLOSED, New Years Eve - 6:30 AM-12:30 PM, New Year's Day -8 AM-12:30 PM.