## RIVER CROSSING YMCA | DEER PATH BRANCH GYM SCHEDULE

January 1 - January 31

| MONDAY  | TUESDAY                         | WEDNESDAY   | THURSDAY   | FRIDAY                           | SATURDAY                     | SUNDAY                          | JANUARY<br>CLOSURES                                   | KEY                            |
|---|---------------------------------|---|--|----------------------------------|------------------------------|---------------------------------|---|--------------------------------|
| 5-9:15 AM<br><b>OPEN GYM</b>                                      | 5-10:30 AM<br><b>OPEN GYM</b>   | 5-9:15 AM<br><b>OPEN GYM</b>                          | 5-10:30 AM<br><b>OPEN GYM</b>                              | 5-10:30 AM<br>OPEN GYM           | 7-8 AM<br>OPEN GYM           | 7-9:30 AM<br><b>OPEN GYM</b>    | 1/20 CLOSED<br>SCHOOL'S OUT<br>CAMP 7:30AM-6:<br>00PM | FREE MEMBER<br>CLASSES         |
| 9:30-10:30 AM<br>BUBBLE BOUNCE<br>AND GYM                         | 11 AM-2 PM<br>PICKLEBALL        | 9:40-10:20 AM<br>JUMP RUN<br>TUMBLE FUN               | 11 AM-2 PM<br>PICKLEBALL                                   | 11 AM-2 PM<br>PICKLEBALL         | 8 AM-2:30 PM<br>MARTIAL ARTS | 9:30 AM-12 PM<br>OBSTACLE NINJA | 1/23 CLOSED<br>EMPLOYEE EVENT<br>5:00AM-7:00PM        | PARENT CHILD<br>(MONTHLY FEE)  |
| 10:30-12:15 PM<br>GROUP FITNESS<br>CLASS                          | 2:15-4:45 PM<br><b>OPEN GYM</b> | 10:30 AM-2 PM<br>PICKLEBALL<br>LESSONS/PICKLE<br>BALL | 2:15-4:45 PM<br><b>OPEN GYM</b>                            | 2:15-4:45 PM<br><b>OPEN GYM</b>  | 3-6 PM<br>OPEN GYM           | 1-3 PM<br>PICKLEBALL            |   | YOUTH SPORTS<br>(MONTHLY FEE)  |
| 12:15 PM-4:45 PM<br><b>OPEN GYM</b>                               | 5-7 PM<br>BASKETBALL            | 2:15-3:30 PM<br>OPEN GYM                              | 4:45-5:15 PM 5:30-<br>6 PM<br>SWIM<br>TEAM/RELAY<br>RACERS | 4:45-5:15 PM<br><b>SWIM TEAM</b> |                              | 3:15-6 PM<br><b>OPEN GYM</b>    |   | ADULT LEAGUES<br>(MONTHLY FEE) |
| 5-6PM YOUTH<br>BASKETBALL 3:<br>30-4 PM<br>6:30-7 PM<br>SWIM TEAM | 7-9 PM<br><b>OPEN GYM</b>       | 6:30-7:15 PM<br>DRONES 101 3:<br>30-7 PM<br>SWIM TEAM | 6-9 PM<br>OPEN GYM   | 5:30-9 PM<br><b>OPEN GYM</b>     |                              |                                 |   | Swim Team<br>(1/2 Gym Open)    |
| 6:45-8:30PM<br>MARTIAL ARTS                                       |                                 | 7-9 PM<br>OPEN GYM                                    |  |                                  |                              |                                 |   | COURT RESERVE<br>PICKLEBALL    |
|   |                                 |   |  |                                  |                              |                                 | updated<br>1.17.2025                                  |                                |
|   |                                 |   |  |                                  |                              |                                 |   |                                |