

DEER PATH POOL SCHEDULE

JAN 8 - JAN 31

| Monday | | |
|--------------|-------------------------|-----------|
| Time | Program | Lanes |
| 5-7 AM | Lap Swim | All Lanes |
| 7-7:15 AM | Closed for Safety Break | All Lanes |
| 7:15 AM-1 PM | Lap Swim | All Lanes |
| 1-2:30 PM | Lap Swim | L 1-4 |
| 1-2:30 PM | Open Swim | L 5-6 |
| 2:30-4 PM | Lap Swim | L 5 |
| 2:30-4 PM | Hunterdon Central Team | L 1-4 |
| 4-8:45 PM | Closed for Programs | All Lanes |
| 7:45-8:45 PM | Lap Swim | L 5-6 |

| Wednesday | | |
|---------------|-------------------------|-----------|
| Time | Program | Lanes |
| 5-7 AM | Lap Swim | All Lanes |
| 7-7:15 AM | Closed for Safety Break | All Lanes |
| 7:15-9:45 AM | Lap Swim | All Lanes |
| 10-11 AM | Lap Swim | L 1-3 |
| 10-10:45 AM | Aquadynamix | L 3-6 |
| 11 AM-2:30 PM | Lap Swim | L 1-4 |
| 2:30-4 PM | Lap Swim | L 5 |
| 2:30-4 PM | Hunterdon Central Team | L 1-4 |
| 4-7:15 PM | Closed for Programs | All Lanes |
| 7:15-8:45 PM | Lap Swim | L 5-6 |
| 7:15-8:45 PM | Swim Team | L 1-4 |

| Friday | | |
|------------------|-------------------------|-----------|
| Time | Program | Lanes |
| 5-7 AM | Lap Swim | All Lanes |
| 7-7:15 AM | Closed for Safety Break | All Lanes |
| 7:15 -11:30 AM | Lap Swim | All Lanes |
| 11:30 AM-2:30 PM | Lap Swim | L 1-4 |
| 11:30 AM-1 PM | Silver Otters Splash | L 5-6 |
| 1-2:30 PM | Open Swim | L 5-6 |
| 2:30-4 PM | Lap Swim | L 5 |
| 2:30-4 PM | Hunterdon Central Team | L 1-4 |
| 4-5:30 PM | Closed for Programs | All Lanes |
| 5:30-7:30 PM | Lap Swim | L 6 |
| 5:30-7:30 PM | Swim Team | L 1-5 |
| 7-8:15 PM | Lap Swim | L 6 |
| 7-8:15 PM | Swim Team | L 1-5 |
| 8:15-8:45 PM | Lap Swim | L 1-4 |
| 8:15-8:45 PM | Open Swim | L 5-6 |

| Saturday | | |
|---------------|---------------------|-----------|
| Time | Program | Lanes |
| 7 AM-12:15 PM | Closed for Programs | All Lanes |
| 12:15-1 PM | Lap Swim | L 4-6 |
| 12:15-1 PM | Swim Lessons | L 1-3 |
| 1-5:45 PM | Lap Swim | L 1-4 |
| 1-5:45 PM | Family Swim | L 5-6 |

| CHANGES TO POOL SCHEDULE | |
|--|----------|
| Date | Lanes |
| Jan 12 + 19 (3-6 PM) | Lane 2-6 |
| During this timeframe only Lane 1 will be open for Lap Swimming. | |

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

| Tuesday | | |
|---------------|-------------------------|--------------|
| Time | Program | Lanes |
| 5-5:30 AM | Lap Swim | All Lanes |
| 5:30-6:30 AM | Lap Swim | L 3-6 |
| 5:30-6:30 AM | Swim Team | L 1-2 |
| 6:30-7 AM | Lap Swim | All Lanes |
| 7-7:15 AM | Closed for Safety Break | All Lanes |
| 7:15-9 AM | Lap Swim | All Lanes |
| 9-9:45 AM | Lap Swim | L 1-4 |
| 9-9:45 AM | PWW | L 5-6 |
| 10-11 AM | Lap Swim | L 1-2 |
| 10-10:45 AM | Aquadynamix | L 3-6 |
| 11 AM-2:30 PM | Lap Swim | L 1-4 |
| 11:30 AM-1 PM | Silver Otters Splash | L 5-6 |
| 1-2:30 PM | Open Swim | L 5-6 |
| 2:30-4 PM | Lap Swim | L 5 |
| 2:30-4 PM | Hunterdon Central Team | L 1-4 |
| 4-6:15 PM | Closed for Programs | All Lanes |
| 6:15-7 PM | Lap Swim | L 3 |
| 6:15-7 PM | Swim Team & Lessons | L 1-3; L 4-6 |
| 7-8 PM | Closed for Programs | All Lanes |
| 8-8:45 PM | Lap Swim | L 1-4 |
| 8-8:45 PM | Open Swim | L 5-6 |

| Thursday | | |
|---------------|----------------------------|-----------|
| Time | Program | Lanes |
| 5-7 AM | Lap Swim | All Lanes |
| 7-7:15 AM | Closed for Safety Break | All Lanes |
| 7:15-9:15 AM | Lap Swim | All Lanes |
| 9:15-10 AM | Lap Swim | L 1-3 |
| 9:15-9:55 AM | Swim Lessons - Shallow End | L 4-6 |
| 9:15-9:55 AM | PWW - Deep End | L 4-6 |
| 10-11 AM | Lap Swim | L 1-2 |
| 10-10:45 AM | Aquadynamix | L 3-6 |
| 11 AM-2:30 PM | Lap Swim | L 1-4 |
| 11:30 AM-1 PM | Silver Otters Splash | L 5-6 |
| 1-2:30 PM | Open Swim | L 5-6 |
| 2:30-4 PM | Lap Swim | L 5 |
| 2:30-4 PM | Hunterdon Central Team | L 1-4 |
| 4-5:30 PM | Closed for Programs | All Lanes |
| 5:30-7:30 PM | Lap Swim | L 6 |
| 5:30-7:30 PM | Swim Team | L 1-5 |
| 7:15-8:30 PM | Lap Swim | L 5-6 |
| 7:15-8:45 PM | Swim Team | L 1-4 |

| Sunday | | |
|-----------|---------------------|-----------|
| Time | Program | Lanes |
| 7-8:45 AM | Lap Swim | All Lanes |
| 9 AM-1 PM | Closed for Programs | All Lanes |
| 1-6:45 PM | Lap Swim | L 1-4 |
| 1-4 PM | Family Swim | L 5-6 |
| 4-5 PM | Special Olympics | L 5-6 |
| 5-5:45 PM | Open Swim | L 5-6 |

| Key | |
|--------------------------------------|--|
| Lap Swim: | Generally reserved for swimmers 12+ using the lane productively |
| Personal Water Workout (PWW): | Independent water walking, jogging, or aqua fitness |
| OPEN SWIM: | Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities. |
| Family Swim: | Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally. |

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org