

WARMINSTER POOL SCHEDULE

JAN 2 - JAN 31

| Monday | | |
|---------------|------------------------|--------------------|
| Time | Program | Lanes |
| 7-9:15 AM | Open Swim | All Areas |
| 9:15-10 AM | Silver Sneakers Splash | All Areas |
| 10 AM-6:45 PM | Private Swim Lessons | L 1 |
| 10 AM-6:45 PM | Open Swim | Shallow End; L 2-3 |
| 6:45-7:30 PM | Aqua-Cise | L 1-3 |
| 6:45-7:30 PM | Private Swim Lessons | Shallow End |
| 7:30-7:45 PM | Open Swim | All Areas |

| Tuesday | | |
|--------------|--------------------------|--------------------|
| Time | Program | Lanes |
| 7-9:15 AM | Open Swim | All Areas |
| 9:15-10 AM | Silver Sneakers Splash | All Areas |
| 10 AM-4 PM | Private Swim Lessons | L 1 |
| 10 AM-4 PM | Open Swim | All Areas |
| 4-7:15 PM | Pool Closed for Programs | All Areas |
| 7:15-7:45 PM | Private Swim Lessons | L 1 |
| 7:15-7:45 PM | Open Swim | Shallow End; L 2-3 |

| Wednesday | | |
|------------------|----------------------|--------------------|
| Time | Program | Lanes |
| 7-8:30 AM | Open Swim | All Areas |
| 8:30-9:15 AM | Aqua Fit | All Areas |
| 9:30-10:15 AM | Aqua-Cise | All Areas |
| 10:15 AM-5:45 PM | Private Swim Lessons | L 1 |
| 10:15 AM-5:45 PM | Open Swim | Shallow End; L 2-3 |
| 5:45-7:30 PM | Private Swim Lessons | Shallow End |
| 5:45-6:30 PM | Aqua-Cise | L 1-3 |
| 6:45-7:30 PM | Aqua Ai Chi | L 1-3 |
| 7:30-7:45 PM | Open Swim | All Areas |

| Thursday | | |
|-------------------|--------------------------|--------------------|
| Time | Program | Lanes |
| 7-9:30 AM | Open Swim | All Areas |
| 9:30-10:15 AM | Aqua Tabata | All Areas |
| 10:15 AM-12:15 PM | Private Swim Lessons | L 1 |
| 10:15 AM-12:15 PM | Open Swim | All Areas |
| 12:15-1 PM | Aqua Tabata | All Areas |
| 1-4 PM | Private Swim Lessons | L 1 |
| 1-4 PM | Open Swim | All Areas |
| 4-7:15 PM | Pool Closed for Programs | All Areas |
| 7:15-7:45 PM | Private Swim Lessons | L 1 |
| 7:15-7:45 PM | Open Swim | Shallow End; L 2-3 |

| Friday | | |
|---------------|----------------------|--------------------|
| Time | Program | Lanes |
| 7-8:15 AM | Open Swim | All Areas |
| 8:15-9:00 AM | Aqua Aerobics | All Areas |
| 9:15-10 AM | Aqua Ai Chi | All Areas |
| 10 AM-6:45 PM | Private Swim Lessons | L 1 |
| 10 AM-5 PM | Open Swim | Shallow End; L 2-3 |
| 5 PM-6:45 PM | Family Swim | Shallow End; L 2-3 |

| Saturday | | |
|------------|--------------------------|--------------------|
| Time | Program | Lanes |
| 7-8:45 AM | Open Swim | All Areas |
| 9 AM-12 PM | Pool Closed for Programs | All Areas |
| 12-2 PM | Private Swim Lessons | L 1 |
| 12-2 PM | Open Swim | Shallow End; L 2-3 |
| 2-4:30 PM | Family Swim | All Areas |

| Sunday | | |
|------------|----------------------|--------------------|
| Time | Program | Lanes |
| 7 AM-1 PM | Open Swim | Shallow End; L 2-3 |
| 7 AM- 5 PM | Private Swim Lessons | L 1 |
| 1-4 PM | Family Swim | Shallow End; L 2-3 |
| 4-4:30 PM | Open Swim | Shallow End; L 2-3 |

| Key | | |
|--|--|--|
| Lap Swim: Generally reserved for swimmers 12+ using the lane productively. | | |
| OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities. | | |
| Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally. | | |

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org