WARMINSTER POOL SCHEDULE

Monday			Tuesday		
Time	Program	Lanes	Time	Program	Lanes
7-9:15 AM	Open Swim	All Areas	7-9:15 AM	Open Swim	All Areas
9:15-10 AM	Silver Sneakers Splash	All Areas	9:15-10 AM	Silver Sneakers Splash	All Areas
10 AM-6:45 PM	Private Swim Lessons	L1	10 AM-4 PM	Private Swim Lessons	L1
10 AM-6:45 PM	Open Swim	Shallow End; L 2-3	10 AM-4 PM	Open Swim	All Areas
6:45-7:30 PM	Aqua-Cise	L 1-3	4-7:15 PM	Pool Closed for Progams	All Areas
6:45-7:30 PM	Private Swim Lessons	Shallow End	7:15-7:45 PM	Private Swim Lessons	L1
7:30-7:45 PM	Open Swim	All Areas	7:15-7:45 PM	Open Swim	Shallow End: L 2-3

	Wednesday			Thursday	
Time	Program	Lanes	Time	Program	Lanes
7-8:30 AM	Open Swim	All Areas	7-9:30 AM	Open Swim	All Areas
8:30-9:15 AM	Aqua Fit	All Areas	9:30-10:15 AM	Aqua Tabata	All Areas
9:30-10:15 AM	Aqua-Cise	All Areas	10:15 AM-12:15 PM	Private Swim Lessons	L1
10:15 AM-5:45 P	M Private Swim Lessons	L1	10:15 AM-12:15 PM	Open Swim	All Areas
10:15 AM-5:45 PI	M Open Swim	Shallow End; L 2-3	12:15-1 PM	Aqua Tabata	All Areas
5:45-7:30 PM	Private Swim Lessons	Shallow End	1-4 PM	Private Swim Lessons	L 1
5:45-6:30 PM	Aqua-Cise	L 1-3	1-4 PM	Open Swim	All Areas
6:45-7:30 PM	Aqua Ai Chi	L 1-3	4-7:15 PM	Pool Closed for Progams	All Areas
7:30-7:45 PM	Open Swim	All Areas	7:15-7:45 PM	Private Swim Lessons	L1
			7:15-7:45 PM	Open Swim	Shallow End; L 2-3

	Friday				
Time	Program	Lanes		Saturday	
7-8:15 AM	Open Swim	All Areas	Time	Program	Lanes
8:15-9:00 AM	Aqua Aerobics	All Areas	7-8:45 AM	Open Swim	All Areas
9:15-10 AM	Aqua Ai Chi	All Areas	9 AM-12 PM	Pool Closed for Progams	All Areas
10 AM-6:45 PM	Private Swim Lessons	L1	12-2 PM	Private Swim Lessons	L 1
10 AM-5 PM	Open Swim	Shallow End; L 2-3	12-2 PM	Open Swim	Shallow End; L 2-3
5 PM-6:45 PM	Family Swim	Shallow End; L 2-3	2-4:30 PM	Family Swim	All Areas

	Sunday		Кеу
Time	Program	Lanes	Lap Swim: Generally reserved for swimmers 12+ using the lane
7 AM-1 PM	Open Swim	Shallow End; L 2-3	productively.
7 AM- 5 PM	Private Swim Lessons	L 1	OPEN SWIM: Lanes are available for all types of swimmers
1-4 PM	Family Swim	Shallow End; L 2-3	OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.
4-4:30 PM	Open Swim	Shallow End; L 2-3	swim, please share lanes with swimmers doing similar activities.
			Family Swim: Lan lanes are removed aside from safety lines

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

from safety lines. mily Open space is available for swimmers of all ages to swim recreationally.

FEBRUARY

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our Test, Mark, Protect Parent Guidelines.

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org