

# RIVER CROSSING YMCA | DEER PATH BRANCH

## GYM SCHEDULE

March 1 - March 31

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	KEY
5-9:15 AM OPEN GYM	5-10:30 AM OPEN GYM	5-9:15 AM OPEN GYM	5-10:30 AM OPEN GYM	5-10:30 AM OPEN GYM	7-8 AM OPEN GYM	7-9:30 AM OPEN GYM	FREE MEMBER CLASSES
9:30-10:30 AM BUBBLE BOUNCE AND GYM	11 AM-2 PM INTERMEDIATE PICKLEBALL	9:40-10:20 AM JUMP RUN TUMBLE FUN	10:30-12:15 PM GROUP FITNESS CLASS	11 AM-2 PM ALL-LEVEL PICKLEBALL	8 AM-2:30 PM MARTIAL ARTS	9:30 AM-12 PM OBSTACLE NINJA	PARENT CHILD (MONTHLY FEE)
10:30-12:15 PM GROUP FITNESS CLASS	2:15-4:45 PM OPEN GYM	10:30 AM-2 PM PICKLEBALL LESSONS/ ALL-LEVEL PICKLEBALL	12:30-3:30 PM INTERMEDIATE PICKLEBALL	2:15-4:45 PM OPEN GYM	3-6 PM OPEN GYM	1-3 PM ALL-LEVEL PICKLEBALL	YOUTH SPORTS (MONTHLY FEE)
12:15 PM-4:45 PM OPEN GYM	BASKETBALL 5:15-6:45	2:15-3:30 PM OPEN GYM	3:30-4:45 PM OPEN GYM	4:45-5:15 PM SWIM TEAM		3:15-6 PM OPEN GYM	ADULT LEAGUES (MONTHLY FEE)
5-6PM YOUTH BASKETBALL 3:30-4 PM 6:30-7 PM SWIM TEAM	6:45-9 PM OPEN GYM	3:30-7 PM SWIM TEAM	4:45-5:15 PM 5:30-6 PM SWIM TEAM/RELAY RACERS	5:30-9 PM OPEN GYM			Swim Team (1/2 Gym Open)
6:45-8:30PM MARTIAL ARTS		7-9 PM OPEN GYM	6-9 PM OPEN GYM				COURT RESERVE PICKLEBALL