

DOYLESTOWN LAP POOL SCHEDULE

MARCH

Monday		
Time	Program	Lanes
5-6 AM	Lap Swim	All Lanes
6-9 AM	Lap Swim	L 1-5
6-9 AM	Private Swim Lessons	L 6
9-10 AM	Lap Swim	L 1
9-10 AM	Masters Swim	L 2-3
9-10 AM	Aquacise	L 4-6
10-11 AM	Lap Swim	L 2-3
10-11 AM	Private Swim Lessons	L 1
10-11 AM	Aqua Aerobics	L 4-6
11 AM-3 PM	Lap Swim	All Lanes
3-8 PM	Closed for Programs	All Lanes
8-9 PM	Masters Swim	All Lanes
9-9:30 PM	Lap Swim	All Lanes

Thursday		
Time	Program	Lanes
5-7:30 AM	Lap Swim	All Lanes
7:30-9:00 AM	Lap Swim	L 2-6
7:30-9:00 AM	Private Swim Lessons	L 1
9-10 AM	Lap Swim	L 1-2
9-10 AM	Aqua Dance	L 3-6
10 AM-12:30 PM	Lap Swim	All Lanes
12:30-2 PM	Lap Swim	L 1-5
12:30-2 PM	Ability-Topps	L 6
2-3 PM	Lap Swim	All Lanes
3-8 PM	Closed for Programs	All Lanes
8-9 PM	Masters Swim	All Lanes
9-9:30 PM	Lap Swim	All Lanes

Sunday		
Time	Program	Lanes
7-8 AM	Lap Swim	All Lanes
8-9 AM	Lap Swim	L 2-6
8 AM-11 AM	Private Swim Lessons	L 1
9 AM-5:30 PM	Lifeguard Training/ Private lessons	L 5-6
9-11 AM	Lap Swim	L 2-4
11 AM-12 PM	Lap Swim	L 3-4
11 AM-12 PM	Group Swim Lessons	L 1-2
12-2 PM	Lap Swim	L 2-4
12-2 PM	Private Swim Lessons	L 1
2-5:30 PM	Closed for Programs	All Lanes

Tuesday		
Time	Program	Lanes
5-9 AM	Lap Swim	All Lanes
9-10 AM	Lap Swim	L 1-2
9-10 AM	Aqua Interval	L 3-6
10-11 AM	Lap Swim	L 1-3
10-11 AM	Aqua Deep Cardio	L 4-6
11 AM-12:30 PM	Lap Swim	All Lanes
12:30-2 PM	Lap Swim	L 1-5
12:30-2 PM	Ability-Topps	L 6
2-3 PM	Lap Swim	All Lanes
3-8 PM	Closed for Programs	All Lanes
8-9:30 PM	Lap Swim	All Lanes

Friday		
Time	Program	Lanes
5-7 AM	Lap Swim	All Lanes
7-8 AM	Private Swim Lessons	L 6
7-8 AM	Lap Swim	L 1-5
8-9 AM	Lap Swim	All Lanes
9-10:30 AM	Lap Swim	L 1-2
9-10:30 AM	PWW	L 5-6
9-10:30 AM	Masters Swim	L 3-4
10:30-11:30 AM	Lap Swim	L 1-3
10:30-11:30 AM	Aqua Tabata	L 4-6
11:30 AM-3 PM	Lap Swim	All Lanes
3-8 PM	Closed for Programs	All Lanes
8-8:30 PM	Lap Swim	L 1-4
8-8:30 PM	Lifeguard Training	L 5-6

Key		
Lap Swim:	Generally reserved for swimmers 12+ using the lane productively.	
Personal Water Workout (PWW):	Independent water walking, jogging, or aqua fitness	
OPEN SWIM:	Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.	
Family Swim:	Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally. Pool elements will be turned on and the water slide will be available as long as we can safely operate it.	

Wednesday		
Time	Program	Lanes
5-6 AM	Lap Swim	All Lanes
6-9 AM	Lap Swim	L 1-5
6-9 AM	Private Swim Lessons	L 6
9-10 AM	Masters Swim	L 1-2
9-10 AM	Aqua Tabata	L 3-6
10-11 AM	Lap Swim	L 1-3
10-11 AM	Aqua Zumba	L 4-6
11 AM-3 PM	Lap Swim	All Lanes
3-8 PM	Closed for Programs	All Lanes
8-9:30 PM	Lap Swim	All Lanes

Saturday		
Time	Program	Lanes
7-8 AM	Lap Swim	All Lanes
8-9 AM	Lap Swim	L 1-6
9 AM-4 PM	Lap Swim	L 3-4
9 AM-4 PM	Group/Private Swim Lessons	L 1-2
9 AM-5:30 PM	Lifeguard Training/ Private lessons	L 5-6
4-5:30 PM	Lap Swim	L 1-4

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org