

QUAKERTOWN REC POOL SCHEDULE

MARCH

Monday

Time	Program
5-10 AM	PWW
10 AM-12 PM	Open Swim
12-4 PM	PWW
4-5:30 PM	Palisades Swim
5:30-7:30 PM	Family Swim

Thursday

Time	Program
5-9:30 AM	PWW
9:30-11:30 AM	Swim Lessons
11:30 AM-5 PM	PWW
5-7:30 PM	Open Swim
7:30-8:00 PM	Swim Lessons

Tuesday

Time	Program
5-9:30 AM	PWW
9:30-11:30 AM	Swim Lessons
11:30 AM-5 PM	PWW
5-7:30 PM	Open Swim

Friday

Time	Program
5-10 AM	PWW
10 AM-12 PM	Open Swim
12-5 PM	PWW
5-7:30 PM	Family Swim

Key

Lap Swim: Generally reserved for swimmers 12+ using the lane productively

Personal Water Workout (PWW): Independent water walking, jogging, or aqua fitness

OPEN SWIM: Lanes are available for all types of swimmers including lap swimmers, aqua jogging, and families. During open swim, please share lanes with swimmers doing similar activities.

Family Swim: Lap lanes are removed aside from safety lines. Open space is available for swimmers of all ages to swim recreationally.

Wednesday

Time	Program
5 AM-6 PM	PWW
6 PM-7:15 PM	Swim Lessons

Saturday

Time	Program
7-9 AM	PWW
9 AM-1:30 PM	Swim Lessons
1:30-4:30 PM	Family Swim

Sunday

Time	Program
7-11 AM	PWW
11 AM-1:30 PM	Open Swim
1:30-4:30 PM	Family Swim

Children 12 and younger must participate in a swimming skills assessment and will be provided a colored wristband based on their swimming ability. Once tested, each time a child comes into the Y for open or family swim they will need to acquire their color-appropriate wristband from the Welcome Center when checking in. For additional information, please review our [Test, Mark, Protect Parent Guidelines](#).

IMPORTANT NOTE: While we try to adhere to this schedule, it may change due to unexpected circumstances. If programs are not running, such as swim team or private lessons, those lanes will be available for lap swim.

Pool schedules for River Crossing YMCA branches are available online at www.ymcabhc.org